

consent

choice

# SHINE SA Sexual Health Update: Adolescent Sexual Health

**Sexual and reproductive health should be fun, safe, respectful and accessible to everyone including young people.**

SHINE SA's Sexual Health Update Day will have a strong focus on adolescent sexual and reproductive health.

Our expert presenters include SHINE SA's Dr Tessa Moody and Dr Clare Keogh. Also presenting, Gynecologist, Dr Elle Knights from Belong O&G and Women's and Children Hospital.

The Sexual Health Update Day will cover:

- consent
- Gillick competency
- primary care assessment and initial management
- assessing and managing menstrual disorders (with an adolescent lens)
- unintended pregnancy in adolescence including, emergency contraception, non-directive pregnancy counselling.
- pregnancy options including abortion access in SA and antenatal care support.

**COST:** FREE

**WHERE:** Adelaide Pavillion, cnr South Terrace & Peacock Road Adelaide SA 5000

**DATES:** Saturday 14 February 2026

**TIME:** 9:00am - 3:00pm

## Registration details:

[www.shinesa.org.au/activity/sexual-health-update-adolescent-health/](http://www.shinesa.org.au/activity/sexual-health-update-adolescent-health/)

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