

## Let's Talk About Sexual Health: Youth Focus

The Let's Talk About Sexual Health: Youth Focus is an engaging 2-day course designed to help workers build their knowledge and confidence in addressing relationships and sexual health with young people.

Through interactive discussions and activities, participants gain practical insights in a supportive learning environment. The course content is tailored to be relevant and applicable to the real-life contexts participants encounter in their work.

### On completion of the course you will have:

- the confidence to work with clients around relationships and sexual health
- an understanding of how values and beliefs may influence your practice and your clients' responses to relationships and sexual health
- accurate and inclusive vocabulary about sexual health, gender, sexuality, anatomy, and relationships to use when working with your clients
- practical skills and knowledge to support clients with relationships and sexual health
- exposure to resources and ideas on how to use them effectively with clients to learn about relationships and sexual health.

**COST:** \$320

**DATES:** 6 & 7 May 2026 | 28 & 29 October 2026

**WHERE:** SHINE SA, 64c Woodville Road, Woodville

**TIME:** 9:00 am – 5:00 pm

### Course details and enrolment

[www.shinesa.org.au/activity/youth-focus](http://www.shinesa.org.au/activity/youth-focus)

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