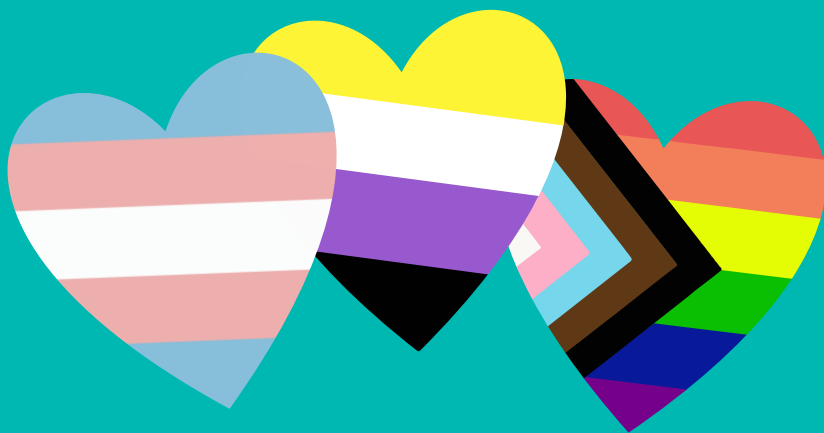




Easy Read

Being Transgender and Getting Support



**GENDER CONNECT
COUNTRY SA**

SHINE_{SA}

Funded by

phn
COUNTRY SA

An Australian Government Initiative

sacid

South Australian Council
on Intellectual Disability



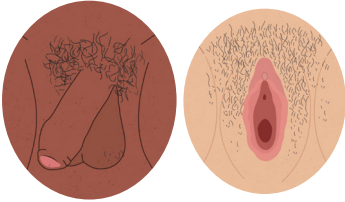
This booklet is about gender and how to get help if you have questions about your gender.

It will talk about and have pictures of different:

- genders.
- body parts.
- sex.

You can ask for support to read this booklet if you need it.

What is sex?



Sex means the body parts you were born with like penis and vagina.



You might call these your genitals or private parts.



This is different to when the word sex means having sex.



The SHINE SA website has lots of information about that too.

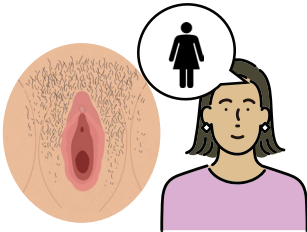
What is gender?



Gender means how you feel about these body parts and who you are inside.



Some people's sex and gender match.

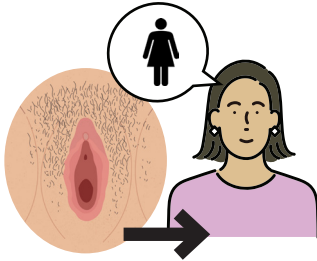


For example:

- someone who was born with a vagina and feels that they are a woman.



- someone who was born with a penis and feels that they are a man.



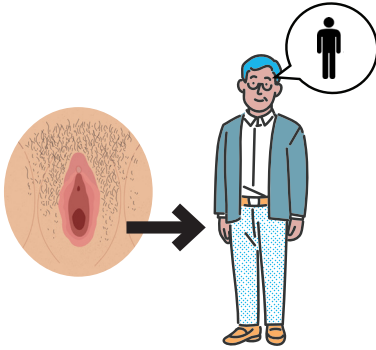
If your sex and your gender match this is called being **cisgender**.

This is called cis for short.

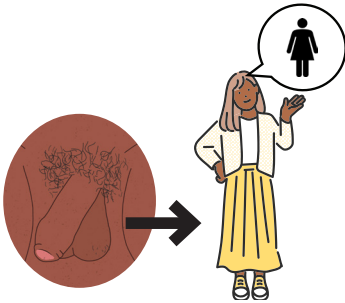


A **transgender** person is someone who feels that their gender is different from their sex.

This is called trans for short.



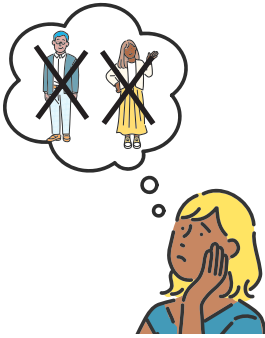
A person can have a vagina and breasts but feel that they are a boy or a man.



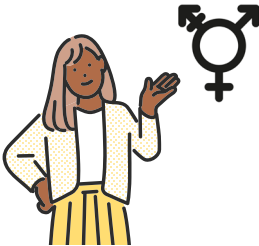
A person can have a penis but feel that they are a girl or a woman.



Some people have a gender that is between male and female.



This can be called non-binary or gender diverse.



These people can also be called trans.



A person might not be sure what their gender is.

This is called gender questioning.

Where to get help?



There are lots of trans people all over the world.



Being trans or gender questioning is OK.



You might have questions about being trans.



Gender Connect
Country SA is a service by
SHINE SA.

We are a team of people
who are all trans or gender
diverse.



If you live in country South
Australia, we can help you.



Gender Connect Country
SA is open Monday to
Thursday 3pm to 8pm.



You can call us.

Our phone number is
08 7099 5390.



You can use our webchat
to talk online.

Visit the website:

[www.shinesa.org.au/
gender-connect](http://www.shinesa.org.au/gender-connect)

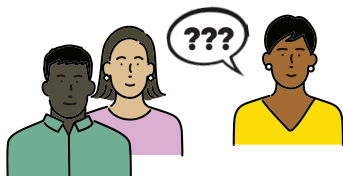


What can we talk about?

You can ask us questions about:



- gender questioning.



- how to tell family and friends that you are trans or gender questioning.



???

- medicine or surgery to change your body.



- clothes you can wear to help you look how you want.



- any other questions you have about your gender.



- or you can just chat with someone who understands how you feel.



Who else can contact Gender Connect?

We can give advice to:



- family and friends.



- support workers.



- doctors.



- anyone who wants to support trans people.



We are here to help you
feel

comfortable.

safe.

happy.

with your gender.

GENDER CONNECT COUNTRY SA



Our phone number is
08 7099 5390.

This resource was made with support from the
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