### **Table of Contents**

Actions and consequences for teens # TER213247	12
Alien nation # TER217301	12
All about friends cards # TER20322	12
All about us # CDR3201	12
Alphabet soup # TER215130	12
Anatomical clitoris model # TER216777	12
Anatomy models: male and female # TER0141	13
Anatomy of a Cesarean # TER217422	13
The anti-bullying game # TER12455	13
The art of children's conversation # TER215205	13
Assessment of sexual knowledge (ASK) # TER18630	13
Baby dolls: Tammy & Bobby # TER0163	14
Be strong, be connected # TER217212	14
The bears # TER2062	14
Being a man photopak # TER00847	14
Berenstain Bears talk about feelings ball # TER213291	14
Bi-cultural feeling faces # TER00712	
The big night out # TER17401	
Black foetus poster # CHA217408	
Body charts # CHA0169	
Body language decoder # TER216758	16
Body language flirting cards # TER18347	16
Body signals # TER216037	16
Body talk birth charts # CHA2273	16
Body talk charts (Arabic) # CHA2038	17
Body talk charts (Chinese) # CHA2039	
Body talk charts (Croatian) # CHA2006	
Body talk charts (English) # CHA2131	17
Body talk charts (English) activity # CHA3247	17
Body talk charts (Greek) # CHA2005	17
Body talk charts (Italian) # CHA2003	17

Body talk charts (Macedonian) # CHA2007	17
Body talk charts (Serbian) # CHA2010	17
Body talk charts (Spanish) # CHA1003	18
Body talk charts (Vietnamese) # CHA2009	18
Breast cross-section # TER 19112	18
Breast model (beige) # TER13204	18
Breast model (brown) # TER2145	18
Breast self-examination: women's health business # CHA2110	18
The bridge: a learning tool towards reconciliation # TER15150	18
Building belonging # TER 215126	19
Building bridges # TER08455	19
Bullies, victims, and bystanders # TER20295	19
Bully free card game # TER14554	19
The Buz hopscotch way of solving fights # TER20287	19
Calm cards for kids # TER3602	20
Can-do dinosaurs # TER15437	20
Caring for kids: tjitji tjuta atunymankupai # TER216055	20
Cars 'R' Us kit # TER15441	20
Cervical screening test # TER2106	20
Childbirth poster # CHA213264	20
Children by Choice posters # TER216821	21
Chlamydia poster # CHA3101	21
Chlamydiastic! # TER18604	21
The choices game: staying safe in social situations # TER18292	21
Choices in contraception flip chart (A3) # TER15621	21
Circle of respect # TER15467	21
Condom card game # TER0209	22
Condom card game (2023) # TER216794	22
Condom card game and condom negotiation cards (2nd edition) # TER215187	22
Condom demonstrator (beige plastic) # TER2024	22
Condom demonstrator (beige plastic) (set of 10) # 217276	23
Condom demonstrator (beige plastic) (set of 5) # TER2295	23
Condom demonstrator (brown plastic) # TER2574	23

Condom demonstrator (brown silicone, lifelike) # DEM216076	23
Condom demonstrator (brown wooden) # TER19200	23
Condom demonstrator (purple) # TER3617	23
Condom training models # TER0101	23
Consent traffic light: from go to woe # TER20386	23
Contraception clinical handbook (CD-ROM) # CDR217414	23
Contraception flip chart # TER216828	23
Contraceptive card game # TER17402	24
Contraceptive kit # TER0222	24
Deepspeak: the world according to you # TER00846	24
Ditto's keep safe adventure # CDR14191	24
Emotion cards # TER20311	24
Emotion guard # TER217322	24
Emotions and expressions 2 # TER20344	25
Emotions flashcards # TER215125	25
Every body needs to know # TER2777	25
Every body needs to know (CD-ROM) # CDR17521	
Exploring sexual and social understanding # TER20406	
Family life # CDR12609	
Feel safe # CDR2930	
Feelings # TER17426	
Feelings and emotions # TER18223	27
Feelings detective # TER213267	27
Feelings faces # TER0319	27
Feelings fair # TER213666	27
Feelings flashcards # TER20421	27
Female anatomy model # TER2161	
The female breast # TER2080	
Female external genitalia: anatomy and pathology # CHA3100	
Female external genitalia: anatomy and pathology # TER17461	
Female Genital Mutilation (FGM) information pack # TER213276	
The female genital organs # CHA15432	
Female genital poster # CHA17383	

Female reproductive organs model (small) # TER215123	
Female reproductive system chart (small) # CHA0322	
Female reproductive system chart # CHA15433	
Female reproductive system poster # CHA2133	
Foetal development model # TER15480	
Foetal model # TER0333	
Friendly drawings essentials # TER217412	
Friendship in a jar # TER3596	
Friendship Island # TER213665	
The friendship wall # TER0343	
The friendship wall (manual only) # TER2249	
Fully informed: sexual health decisions # TER07617	
Gender fairness: conversations about equity # TER216688	
Gender inclusive perinatal care # CHA3601	31
Genital photographs: male and female # TER2274	
Giant egg and sperm # TER217426	
Giant STI microbes # TER18562	
Girltopia # TER17420	31
The greater me cards # TER216770	32
The grief companion # TER217370	32
Group norms # TER18557	32
Group norms (including expansion set) # TER217336	32
Growing up charts # CHA0356	33
Growing well # TER14601	33
Guy talk in a jar # 216695	33
Handling emotion card game # TER217451	
Healthy mothers, healthy babies # TER19194	33
Healthy/unhealthy relationships # TER2860	
Helping children to learn about safer sexual behaviour kit # TER213663	
Hidden rules: a game that teaches everyday social skills # TER216094	
Hidden rules in the classroom # TER216091	
Hidden rules in the community # TER216093	
Hidden rules with friends # TER216092	

Hookups and break-ups game # TER18348	34
The hot kit # TER13447	35
How are they feeling? # TER215131	35
How are you feeling today? # TER217446	35
How do I feel? # TER15001	35
How do you know if you are in an unsafe relationship? # TER216786	
How I'm feeling # TER216759	
Hula hoop (folding) # TER213572	
The human reproductive system posters # CHA0594	36
Hygiene kit # TER217345	
The I can monsters # TER07358	
I feelcard set # TER20274	37
I have the right (A). Girls 6-10 years # TER18566	37
I have the right (B). Girls 11-14 years # TER18567	37
I have the right (C). Girls 15-17 years # TER18568	37
I have the right (D). Boys 6-10 years # TER18569	37
I have the right (E). Boys 11-14 years # TER18570	
I have the right (F). Boys/young men 15-17 years # TER18571	38
I have the right to be safe: flip chart # CHA07737	
I know what to do when I'm feeling # 216694	38
I'm bloody awesome # TER19209	
Ice breakers in a jar #T ER 216693	39
If I were Ben # CDR 18248	39
The illustrated clitoris # CHA12671	39
Implanon model # TER14961	39
In the picture # 8.1 INT RC	39
Infertility chart # CHA0392	39
Information about domestic and family violence # TER216827	39
Internal condom demonstrator (vaginal model) (dark skin) # TER20272	40
Internal condom demonstrator (vaginal model) (light skin) # TER20270	40
Jason: teaching doll (life sized) # TER213606	40
Kulintja Kunpu: strong thinking # TER213245	40
Kylie: teaching doll (life sized) # TER213605	40

The last straw # TER3210	40
Let's make friends! # TER18565	41
Let's talk! # TER3198	41
Let's talk feelings # TER20334	41
Letz talk # TER216700	41
Life before birth chart # CHA0419	41
Life happens # TER213671	41
The live your values deck # TER15006	
Living a positive life # CDR12632	
Living safer sexual lives # TER18198	
Lost in normality # TER13488	
Magnell kit # TER0449	
Magno-mate reproduction kit # TER18257	43
Male anatomy model # TER2160	43
Male pelvis model # TER13532	
Male pelvis model showing testicular cancer # TER13533	
Male reproductive system chart # CHA15434	44
Male reproductive system poster # CHA2132	44
Male reproductive system poster (soft laminate) # CHA17377	44
Man's world # TER12493	44
Mates traits # TER07357	44
Menstrual hygiene use sequencing cards # TER18346	44
A mindfulness-based stress reduction card deck # TER15016	45
Mirena model # TER216793	45
The mood cards # TER213268	45
More feelings in a jar # TER20299	45
My early warning signs # TER216757	
My feelings # TER14551	46
My life, my choices # TER217466	46
My visual for outsmarting explosive behaviour # TER17408	
My zones of feelings # TER216778	46
Name the frame # TER2832	
Ninja life hacks # TER216769	47

No room for family violence # TER215511	
Ovulation charts # CHA2016	47
Pelvic model profile # TER0525	48
Penile models (Jackson) # TER2146	48
Penis (banana) # TER0529	48
People and emotions # TER18224	48
People with learning disabilities enjoy sex. It's a fact of life # CHA3194	48
Personal relationships: skills for daily living # TER3199	48
Photo conversation cards # TER18263	49
Photo emotion cards # TER20310	49
Photo language # TER2065	49
Picture this # TER14497	49
Picture yourself # TER0567	
Picture yourself 1 and 2 # TER14493	50
Planet porn # TER18333	50
Pleasure oracle # TER217417	50
Plush anatomy models # TER217752	50
Plush penis model # TER14959	51
Plush testicles # TER216810	51
Pocket uterus, baby and pelvis # TER213265	51
Porn world # TER213513	51
Pregnancy & birth chart # CHA0572	51
Preparing for puberty charts # CHA213266	51
Pride & prejudice: a program for secondary schools # TER2875	51
Promoting self-protection posters # TER14156	52
The prostate gland # CHA2148	52
Puberty: healthy unhealthy activity cards # TER07736	52
Puberty plus # CDR2262	52
Rainbow talk # TER216095	52
Ready-or-not-tot # TER19111	53
Reflexions: ways of seeing ourselves differently # TER2808	53
Relationship and touch dice # TER213300	53
Relationship card game # TER213596	53

Page 7

The relationship game # TER12482	53
Relationship skills: a photo resource # TER18342	53
Removing barriers # TER215139	54
Reproductive system charts with labels # TER216071	54
Reproductive systems boards # TER217207	54
Respect test # CHA19193	54
Safe sex card game # TER12457	54
Safe sexting # TER19178	54
SAHMRI condom card games # TER217418	55
Saucy sex scale # TER0611	55
See for yourself # TER17475	55
Self-care cards for home and work # TER216690	55
Sex and the 3Rs: rights, risks and responsibilities # TER215151	55
Sex ed on the cards # TER217324	55
Sex safe and fun # TER08372	56
Sex under the influence awareness kit # TER216072	57
Sexplanation # TER14913	57
Sexual behaviour scenario cards # TER215129	57
Sexual health kit # TER18295	57
Sexual health trivia: making babies # CDR17577	57
Sexual knowledge and behaviour # TER19140	58
Sexualisation in the media # CDR14915	58
Sexuality relationship activity cards # TER07929	58
Sexually transmitted diseases (STDs) # CHA07355	58
Sexually transmitted infections: a set of photographs # TER2115	58
Sexually transmitted infections guide # TER14941	59
Sexually transmitted infections (STIs) poster # TER18611	59
Sexually transmitted infections: take action # TER18613	59
Smart and safe: respectful relationships # TER17536	59
Snap clap card game # TER17400	59
SNAP into life # TER18596	59
Social behaviour: skills for daily living # TER17421	60
Social skills and sex education # TER00840	60

The social skills game # TER12492	60
Some secrets should never be kept # TER18261	60
Sometimes magic # TER19211	61
Soul seeker # TER14996	61
Stepping out walk # TER16801	61
STI and BBV flip chart # TER14954	61
STI matching game # TER18576	61
Sticky situation cards: Grades 1-3 # TER216765	61
Sticky situation cards: Grades 4-6 # TER216768	62
Stop that angry thought # TER216723	62
Straight talk: a self-discovery game for young people # TER2230	62
Strength cards # TER2063	62
Strength cards for kids # TER2064	62
Strength in teams: 28 qualities of successful teamwork # TER2809	63
The stress reduction card deck for teens # TER15011	63
Strong spirit strong mind cards # TER213618	63
Superhero strengths # TER216698	63
Sustainable period resource kit # TER216663	63
Suzie & Fred: teach-a-bodies play people # TER0786	64
Tak Tak and Kar Kar dolls (large) # TER15831	64
Tak Tak and Kar Kar dolls (mini version) # TER15822	
Take a breath activity # TER217375	64
Talkabout game # TER213506	65
Talking reproductive and sexual health flipchart # TER215544	65
Talking up our strengths # TER15392	65
Teen issues # TER15593	66
Teen issues: relationships # TER216021	66
Teen talk in a jar: everyday questions for teens # 216701	66
Tell a trusted adult # TER216691	66
Telling it like it is # TER3202	66
Thera-pets # TER216773	
Thoughts and feelings # TER216699	67
Tjulpu and Walpa: two children, two roads # TER216054	67

Too close, too far, just right: a game about personal space # TER18225	. 67
Too much, too little, just right: a social communication game # TER18564	. 67
Traffic life game # TER215138	.68
The transporters (DVD) # TER17594	.68
Trauma-informed yoga affirmation card deck # TER217362	.68
TSE model (normal) # TER2124	.68
TSE model (with lumps) # TER2125	.68
Two worlds # TER216689	.68
Understanding menopause poster # CHA3099	. 69
Understanding osteoporosis poster # CHA2012	. 69
Ups and downs # TER3200	. 69
Vaginal model (Jackson) # TER14138	. 69
The vulva quartet game # TER217431	. 69
What are they thinking? # TER20335	. 69
What do we need to know about sexually transmitted infections? # TER17587	.70
What do you know? # TER19086	.70
What do you reckon? # TER0858	.70
What do you stand for? # TER15163	.70
What does a friend do? # TER20276	.70
What every male should know about cancer of the testicle # CHA2128	71
What every man needs to know # CDR17479	71
Who am I? # TER216772	71
Who are you? # TER19206	71
Wildling Books posters # TER216826	71
Wondrous vulva puppet # TER213623	71
Wooden wheel of feelings # TER216760	72
Yarning about mental health and Making change, no worries # TER14602	72
Yarning about our bodies # TER19197	72
You & me & BBV # TER19208	72
Young Indigenous women's community health education # CDR17496	72





#### Actions and consequences for teens -- # TER213247

This interactive card game helps students stop, think about their actions, consider the consequences of their behaviour, and ultimately make better personal choices. Suitable for students in years 7-12.

SUBJECT HEADINGS: Adolescence

#### Alien nation -- # TER217301

"Alien Nation is a book aimed at primary aged children. It is a fun exploration of gender, gender expression, gender roles, and an explanation of different gender identities, introducing important terminology." -- Publisher's description.

SUBJECT HEADINGS: Gender Issues; Lesbian, Gay, Bisexual, Transexual, Intersex and Queer

#### All about friends cards -- # TER20322

These cards enable participants to examine some of the myths and beliefs that underline their ideas of friendship. Suitable for primary school students. SUBJECT HEADINGS: Adolescence; Relationships - Children

#### All about us -- # CDR3201

This CD-ROM aims to aid the personal development and knowledge of people with learning disabilities around sex, sexuality and relationships. The resource provides a self-study learning tool that can be used by someone with learning disabilities on their own, or with support, to introduce key issues. It will complement the delivery of sex and relationships education in the home, school, and other learning environments.

SUBJECT HEADINGS: Disability

#### Alphabet soup -- # TER215130

This activity is similar the "Scattergories" but with sexual health content. Participants are given a worksheet to fill in the answers to a set of questions beginning with a letter of the alphabet. Suitable for students in upper secondary school. SUBJECT HEADINGS: Adolescence; Sexually Transmitted Infections (STIs)

#### Anatomical clitoris model -- # TER216777

"The clitoris is often misunderstood and under-represented in popular culture and medical literature. This life-sized medical model (1:1 scale) is designed to support learning around the complexity of the clitoris and its role in pleasure. The model can be used in education settings e.g. for teachers, medical educators, sexual health practitioners. The model shows the glans, body, crura, and bulbs and measures 9x9cm. It is made of soft rubber. The anatomical clitoris model has been developed by Dr. Ea Mulligan of Flinders University in South Australia, and Professor Helen O'Connell of the Royal Melbourne Hospital."

SUBJECT HEADINGS: Anatomy

#### Anatomy models: male and female -- # TER0141

Models showing the anatomical structure of the reproductive areas of the male and female. These models are almost life size and very comprehensive. Note: This resource is too large to post.

SUBJECT HEADINGS: Reproduction; Children; Adolescence

#### Anatomy of a Cesarean -- # TER217422

"This piece is a great visual aid for those who are planning a caesarean or recovering from one. This includes all the layers that are cut and moved out of the way during a caesarean. Skin, fat, fascia, abdominal muscles, peritoneum, bladder, uterus, and amniotic sac. This educational tool is a powerful addition to any office that works with birthing or postpartum women. Each handmade piece is 9x12 inches including a horizontal incision. The abdominal muscle layer and peritoneum layer have a vertical cut." -- Maker's description.

SUBJECT HEADINGS: Anatomy; Birth; Childbirth

#### The anti-bullying game -- # TER12455

This lively appealing and therapeutic board game helps children and adolescents who experience difficulties with bullying. Different games can be played using the board which include "understanding bullying", "making friends - keeping friends", "standing up for yourself", "baked beans", "eye wink magician" and "say no". Includes instructions for playing the game. Suitable for use with children 6 to 14 years. SUBJECT HEADINGS: Bullying

#### The art of children's conversation -- # TER215205

- This card game is fun and easy to use. It is great for developing communication skills and healthy relationships, as well as understanding oneself. Includes over 200 communication areas plus instruction booklet. The cards work well in a variety of settings on various levels, encouraging individual development and insight into oneself as well as others, making it ideal for use in a multitude of educational and therapeutic settings. The cards are effective in areas including for children with a disability, English as a second language, anti-bullying, and literacy and language development. Suitable for ages 4 and up.
- SUBJECT HEADINGS: Relationships Children; Relationships Disability; Communication - Children

#### Assessment of sexual knowledge (ASK) -- # TER18630

The Assessment of Sexual Knowledge (ASK) is a test that aims to provide workers within disability services and other health professionals with a tool to assess the sexual knowledge and attitudes of people with an intellectual disability. The information obtained from the assessment can then provide a basis for the development of educational programs and human relations educational

counselling that can be more accurately tailored to suit both individual and group needs. The ASK has been carefully designed to be a correct and user-friendly tool appropriate for use with people with an intellectual disability. It has also been developed as an easily used tool for use by a broad range of professionals. Suitable for use with people with an intellectual disability.

SUBJECT HEADINGS: Disability; Sex Education - Disability

#### Baby dolls: Tammy & Bobby -- # TER0163

2 baby dolls, 1 Asian male and 1 Anglo-Saxon female. These dolls can be used when teaching growth and development.

SUBJECT HEADINGS: Games, Kits and Models; Disability

#### Be strong, be connected -- # TER217212

These strengths cards are intended to be a therapeutic and facilitative resource for schools, youth centres and counselling services Australia wide. It captures young people's hopes, dreams, passions, interests, identity and more, while the insightful nature of the artwork adds further possibilities for reflection. Suitable for young people.

SUBJECT HEADINGS: Aboriginal Health / Issues

#### The bears -- # TER2062

- A set of 48 "feelings" cards designed to help the user to think about how we relate to different people, how we get along with different personalities, and how we all change. Includes a booklet of suggested uses.
- SUBJECT HEADINGS: Games, Kits and Models; Relationships; Children; Feelings and Emotions; Adolescence

#### Being a man photopak -- # TER00847

- A set of 52 x A4 black & white photographs of men and boys, which have been selected to provoke boys, young men and older men into thinking and speaking about their ideas of being a man. The leader's manual has exercises and questions to accompany each photo. Suitable for use by teachers, parents, youth workers and health workers.
- SUBJECT HEADINGS: Adolescence; Relationships; Men

#### Berenstain Bears talk about feelings ball -- # TER213291

This ball will help children get in touch with their own feelings as well as the feelings of others. Comes with instruction sheet for play. Suitable for primary school students. SUBJECT HEADINGS: Children; Feelings and Emotions



#### **Bi-cultural feeling faces -- # TER00712**

These cards are used to aid people to build the language of emotions through regularly considering their moods and learning how these underpin behaviour. Suitable for all ages.

SUBJECT HEADINGS: Games, Kits and Models; Feelings and Emotions

#### The big night out -- # TER17401

The Big Night Out board game is an educational resource that encourages safe choices through lively discussion. Through a set of real scenarios the games explores the risks and responsibilities of young people on a night out. Players are challenged to make decisions such as do they follow their friends or make up their own minds? It can be played in small groups within the classroom or with older students as peer mentors. Suitable for middle level secondary students and up. SUBJECT HEADINGS: Adolescent Health; Substance Abuse

#### Black foetus poster -- # CHA217408

"The Black Foetus Illustration was created by me. It came to limelight in November 2021 and was acclaimed as the first-ever illustration of a Black pregnant woman and Black foetus. This image resonated more with Black women who shared their experiences of racial prejudice and inequity during pregnancy. According to findings, there are more cases of Black women dying from childbirth, unlike their White counterparts, due to lack of attention and care from medical personnel, based on the prejudice that they are stronger and able to endure pain. While this image resonated with Black women on the note above, the rest of the world was thrilled at my intentionality, fuelled by the need to cure the problem of lack of proper representation of Blacks and People of Colour in medical textbooks. From research conducted at the University of Pennsylvania, only 4.5% of images in medical literature show Black people. This echoes the length and breadth of racial inequities in our healthcare system. The lack of proper representation of Black people in medical literature has hampered the proper diagnosis and treatment of Black patients, thereby increasing their mortality rate. The Black Foetus Illustration has garnered millions of attention from around the globe, thereby challenging medical systems and spurring research and study of improving healthcare outcomes. The image has by all means expanded the frontiers of medicine by introducing more medical illustrators to diversity and inclusion." -- Illustrator's description.

SUBJECT HEADINGS: Foetal Development

#### Body charts -- # CHA0169

This flexible teaching resource consists of a line drawing 60cm x 85cm of a naked man sitting on a bed with the door closed and a line drawing 60cm x 85cm of a naked woman sitting on a bed with the door closed. Concepts which may be taught using the charts include external anatomy, correct terminology for body parts, private parts, private places, private behaviours, the parts of the body which may be

involved in sexual behaviour, the diverse range of sexual activities and the concept that sex should be a "whole-body" experience, not necessarily genital focussed. Includes guidelines on how to use this resource. Suitable for use with individuals or small groups. They have been successfully used to teach these concepts to groups of adults and adolescents with an intellectual disability.

SUBJECT HEADINGS: Posters and Charts; Sexuality; Sex Education; Disability -Intellectual

#### Body language decoder -- # TER216758

- "Learning to decode nonverbal communication can be a great tool to help us understand other people's thoughts and feelings, and it can help us make ourselves better understood too. Whether it's friends, family or lovers, colleagues or strangers, there is a wealth of meaning in the body language of those around us and most of us aren't even aware it exists - Body Language Decoder can help you tap into it. Being able to gauge more easily what a client or colleague is truly thinking, or your partner is truly feeling will open up a world of understanding and communication." -Publisher's description.
- SUBJECT HEADINGS: Relationships

#### Body language flirting cards -- # TER18347

These cards are designed to teach students to look at the body and the face of someone else to get information about their interest or feelings. They give students an edge in understanding what is communicated in an interaction. They also help individuals be more aware of their own messages, and how their bodies and faces may be communicating information to others. The cards have images on the front, and full descriptions of what is being communicated on the back of each card. Use them to teach about body language, or to quickly quiz students. Suitable for young people over 14 years.

SUBJECT HEADINGS: Adolescence; Disability

#### Body signals -- # TER216037

This set of cards of meerkat characters will help people of any age tune into their body signals and build a vocabulary to describe them. Suitable for primary school students

SUBJECT HEADINGS: Protective Behaviour

#### Body talk birth charts -- # CHA2273

A spiral bound set of 5 double sided posters depicting various stages of labour and birth.

SUBJECT HEADINGS: Birth; Reproduction - Women; Posters and Charts



#### Body talk charts (Arabic) -- # CHA2038

SUBJECT HEADINGS: Reproduction; Menstruation; Women's Health; Osteoporosis; Multicultural Issues

#### Body talk charts (Chinese) -- # CHA2039

SUBJECT HEADINGS: Reproduction; Menstruation; Women's Health; Osteoporosis; **Multicultural Issues** 

#### Body talk charts (Croatian) -- # CHA2006

SUBJECT HEADINGS: Reproduction; Menstruation; Women's Health; Osteoporosis; Multicultural Issues

#### Body talk charts (English) -- # CHA2131

- Carry sleeve holding a spiral bound set of nine life size charts. Also available in various languages. Charts clearly show labelled body parts and include information on both male and female reproduction; the menstrual cycle; pelvic floor muscles; sterilisation; osteoporosis and breast self-examination.
- SUBJECT HEADINGS: Reproduction; Menstruation; Women's Health; Osteoporosis; Multicultural Issues

#### Body talk charts (English) activity -- # CHA3247

Carry sleeve holding a spiral bound set of nine life size charts. Charts have Velcro tabs to attach labelled body parts and include information on both male and female reproduction; the menstrual cycle; pelvic floor muscles; sterilisation; osteoporosis and breast self-examination. Suitable for upper primary school students and up. SUBJECT HEADINGS: Reproduction; Menstruation

#### Body talk charts (Greek) -- # CHA2005

SUBJECT HEADINGS: Reproduction; Menstruation; Women's Health; Osteoporosis; Multicultural Issues

#### Body talk charts (Italian) -- # CHA2003

SUBJECT HEADINGS: Reproduction; Menstruation; Women's Health; Osteoporosis; Multicultural Issues

#### Body talk charts (Macedonian) -- # CHA2007

SUBJECT HEADINGS: Reproduction; Menstruation; Women's Health; Osteoporosis; Multicultural Issues

#### Body talk charts (Serbian) -- # CHA2010

SUBJECT HEADINGS: Reproduction; Menstruation; Women's Health; Osteoporosis; Multicultural Issues



#### Body talk charts (Spanish) -- # CHA1003

SUBJECT HEADINGS: Reproduction; Menstruation; Women's Health; Osteoporosis; **Multicultural Issues** 

#### Body talk charts (Vietnamese) -- # CHA2009

SUBJECT HEADINGS: Reproduction; Menstruation; Women's Health; Osteoporosis; Multicultural Issues

#### Breast cross-section -- # TER 19112

This full-sized cross section of a breast depicts common pathologies such as adenocarcinoma, cysts, fibroadenoma, and infiltrating cirrhus carcinoma. The model also shows breast structures such as suspensory ligaments, fat tissue, lymph nodes, muscles, and ribs.

SUBJECT HEADINGS: Women's Health; Breast

#### Breast model (beige) -- # TER13204

Soft beige breast model with different sized lumps. Includes a lump location guide. Suitable for professional education.

SUBJECT HEADINGS: Women's Health; Breast Cancer - Prevention

#### Breast model (brown) -- # TER2145

Soft brown breast model with different sized lumps. Includes a lump location guide. SUBJECT HEADINGS: Breast Cancer - Prevention; Games, Kits and Models; Aboriginal Health

#### Breast self-examination: women's health business -- # CHA2110

An A3 flip chart featuring drawings of Aboriginal women and a concise explanation of breast self-examination.

SUBJECT HEADINGS: Aboriginal Health; Breast Cancer - Prevention

#### The bridge: a learning tool towards reconciliation -- # TER15150

The Bridge is a learning tool designed to aid participants understand discrimination and oppression, in its many forms, experienced by Australian Indigenous people. It also looks at experiences from colonisation to current times and the significant contribution of Australian Indigenous people have made to Australian society. The Bridge is non-competitive. It requires everyone to work together. It provides valuable information in the areas of law, sport, art and culture, history, politics, and general knowledge. Suitable for ages 12 years to adult.

SUBJECT HEADINGS: Aboriginal Health; Games, Kits and Models





#### Building belonging -- # TER 215126

'Building Belonging' is a comprehensive toolkit of early education resources which includes an educator guide, posters, and lesson plans. It is focussed on encouraging respect for cultural diversity and tackling racial prejudice in early childhood settings. Suitable for early childhood education setting.

SUBJECT HEADINGS: Relationships - Children; Diversity

#### Building bridges -- # TER08455

This education pack consists of three different games. The board game "The ideal partner?" is designed to raise awareness of the importance of effective communication skills in sex and relationships. This instructive game and pack enables you to develop and practice these skills. "You got a problem with that?" aims to give young men a chance to find out about proper sources of local health when a problem arises. "Doing it, checking it, sorting it" aims to help young men build confidence and knowledge in assessing sexually transmitted infections risks and the realities of seeking help. The pack also includes a manual with exercises and questionnaires to use with young men. Suitable for use with young men in schools and youth settings.

SUBJECT HEADINGS: Relationships; Sexually Transmitted Infections (STIs)

#### Bullies, victims, and bystanders -- # TER20295

A board game designed to raise a child's awareness of bullying. Every incident card has been weighted based on the severity of the bullying so that children can see how harmful this behaviour is. Children are encouraged to model good behaviour on how to overcome bullying. Now, after a bullying incident, teachers can invite those involved to play the game together to understand what it is like to be bullied and how to prevent future incidences of bullying. Suitable for ages 7 and up. SUBJECT HEADINGS: Children; Games, Kits and Models; Bullying

#### Bully free card game -- # TER14554

This card game gets young people thinking about what bullying is, how to prevent it, what to do (and not do) when someone bullies them, how to build confidence and self-esteem, and why bullying hurts everyone. The game is for 2-4 players or teams. Includes instructions.

Suitable for children in primary schools.

SUBJECT HEADINGS: Relationships - Children; Self-esteem - Children; Bullying

#### The Buz hopscotch way of solving fights -- # TER20287

This set of cards is designed for children to show them the steps to solve fights and conflict. Suitable for primary school aged children.

SUBJECT HEADINGS: Relationships - Children

**Resource Centre Catalogue 2024** 



#### Calm cards for kids -- # TER3602

"This deck of beautifully illustrated cards is packed with soothing statements and mindful words to help your child relax and reset. Each of the 52 cards includes a mindfulness mantra to encourage calm and kindness and will help your child to manage their moods and find peaceful moments every day." -- Publisher's website SUBJECT HEADINGS: Feelings and Emotions

#### Can-do dinosaurs -- # TER15437

It's never too soon to begin nurturing life skills and building self-esteem. These engaging, easy-to-use skill-building cards are aimed at 3 to 7-year-olds. The bright, quirky cartoons will inspire great conversations and an "I can" attitude in children. Suitable for use by counsellors, therapists, primary teachers and parents to use with 3- to 7-year-olds.

SUBJECT HEADINGS: Children; Self-esteem - Children

#### Caring for kids: tjitji tjuta atunymankupai -- # TER216055

- This kit includes a 72-page book developed by the Walytjapiti program to address issues related to parenting. It has practical information to help first-time parents and good educational material for families and services. Covering pre-birth to early adolescence, information included will be useful for a broad range of people. The kit includes the book, DVD and 5 posters. Suitable for Aboriginal parents and caregivers.
- SUBJECT HEADINGS: Aboriginal Health / Issues

#### Cars 'R' Us kit -- # TER15441

Cars 'R' Us is designed as a therapeutic conversation-starter built around a fleet of very human-looking cars showing a range of emotions in everyday situations. Bursting with personality and fun, this resource is based on the idea that cars can reflect our nature and the roads we travel whether bumpy or smooth. SUBJECT HEADINGS: Self-esteem

#### **Cervical screening test -- # TER2106**

Teaching kit for demonstration purposes only. Includes teaching kit for demonstration purposes only, with Thin prep, a speculum, a cytobrush and a plastic spatula and information sheet.

SUBJECT HEADINGS: Cervical Screening Test; Games, Kits and Models

#### Childbirth poster -- # CHA213264

This colourful anatomical chart depicts information about childbirth. The stages of childbirth are discussed as well as the anatomical details of human labour. SUBJECT HEADINGS: Childbirth



#### Children by Choice posters -- # TER216821

SUBJECT HEADINGS: Disability - Women; Contraception; Domestic Violence

#### Chlamydia poster -- # CHA3101

A large, laminated poster on chlamydia with information on the symptoms, complications, treatment and diagrams showing the infected areas. SUBJECT HEADINGS: Sexually Transmitted Infections (STIs); Posters and Charts; Chlamydia

#### Chlamydiastic! -- # TER18604

- A game that creates good opportunities for discussion centred on Sexually Transmissible Infections (STIs) such as Chlamydia, STI testing, condom use and beliefs about relationships and sex. The game requires 6-10 players. Suitable for young people aged 16 years and over.
- SUBJECT HEADINGS: Sexually Transmitted Infections (STIs); Safer Sex; Adolescence; Chlamydia

#### The choices game: staying safe in social situations -- # TER18292

Vulnerable young people - such as those with autism spectrum disorders, intellectual disabilities, or social, behavioural and emotional difficulties - often lack the skills to make the right decisions when faced with potentially dangerous scenarios. This fun and interactive game helps to open discussion and teach young people the social skills they need to stay safe in school and in the wider community. "The Choices Game" has been specially designed to help older children and teenagers learn how to make positive choices. As players move around the game board, they pick up Choice Cards which invite them to imagine themselves in a scenario and make a choice about how they would respond in that situation. The outcome of their decision is then revealed, and the safer the choices they make, the further they progress in the game! Suitable for people with a disability aged over 15 years. SUBJECT HEADINGS: Disability; Autism Spectrum Disorders; Children

#### Choices in contraception flip chart (A3) -- # TER15621

An A3 colour flip chart showing contraceptive methods. The graphics can be shown to participants, and corresponding pages of information about the method which can be referred to by the facilitator. Also includes information on safer sex. SUBJECT HEADINGS: Contraception

#### Circle of respect -- # TER15467

Circle of Respect is an educational game specifically designed to teach students the guiding principle that showing respect is the best way to receive respect. The specific ways that they can show respect are in four key areas of their lives - in the community; with classmates; with family and at school. Suitable for primary school students.

SUBJECT HEADINGS: Relationships - Children

#### Condom card game -- # TER0209

- This game consists of 16 shaped cards with pictures showing how to use a condom. The cards must be placed in correct order. There is a scenario to be read aloud before the game. Suitable for secondary school students and for people with an intellectual disability.
- SUBJECT HEADINGS: Condoms; Games, Kits and Models; Disability Intellectual; Adolescence; Safer Sex; Contraception

#### Condom card game (2023) -- # TER216794

- The Condom Card Game resource is designed to help young people build confidence and comfort around using condoms. Using a condom in the correct way is essential for the efficacy of condoms in prevention of STIs, BBVs and unintended pregnancy. The Card Game includes two sets of Condom cards with illustrations, designed so that participants/students place the cards in the correct order for safer condom use. The two sets support larger groups or two groups playing the game as a race. The sets include a consent card, providing an opportunity for the facilitator to discuss consent. In addition to Condom cards, this resource also includes Condom Negotiation cards that are used to practise skills in talking about condom use with a partner. This interactive game is recommended as part of a Relationships and Sexual Health Education program and can be used in conjunction with condom demonstration. The Condom Card Game was developed in partnership with Aboriginal Health Council of South Australia (AHCSA). An Aboriginal specific resource.
- SUBJECT HEADINGS: Condoms; Contraception; Sexually Transmitted Infections (STIs); Safer Sex

## Condom card game and condom negotiation cards (2nd edition) -- # TER215187

- This box set consists of two activities which have been designed for use with Aboriginal and Torres Strait Islander people. The Condom Negotiation Cards are designed to be used to help participants to recognise the excuses used for not using condoms and to assist them in developing skills to negotiate condom use. The Condom Card Game aims to help participants to understand the correct steps in using a condom. Suitable for use with Aboriginal and Torres Strait Islander people.
- SUBJECT HEADINGS: Aboriginal Health; Condoms; Safer Sex

#### Condom demonstrator (beige plastic) -- # TER2024

SUBJECT HEADINGS: Condoms; Contraception; Games, Kits and Models; Safer Sex



#### Condom demonstrator (beige plastic) (set of 10) -- # 217276

SUBJECT HEADINGS: Condoms; Contraception; Games, Kits and Models; Safer Sex

#### Condom demonstrator (beige plastic) (set of 5) -- # TER2295

SUBJECT HEADINGS: Condoms; Contraception; Games, Kits and Models; Safer Sex

#### Condom demonstrator (brown plastic) -- # TER2574

SUBJECT HEADINGS: Condoms; Contraception; Games, Kits and Models; Safer Sex; Aboriginal Health

#### Condom demonstrator (brown silicone, lifelike) -- # DEM216076

SUBJECT HEADINGS: Aboriginal Health / Issues; Condoms; Men's Health / Issues; Multicultural Issues; Safer Sex; Sexually Transmitted Infections (STIs)

#### Condom demonstrator (brown wooden) -- # TER19200

SUBJECT HEADINGS: Aboriginal Health / Issues; Contraception; Men's Health / Issues; Multicultural Issues

#### Condom demonstrator (purple) -- # TER3617

SUBJECT HEADINGS: Condoms

#### Condom training models -- # TER0101

- Two brown coloured and one beige condom demonstration models. The model is used to show the correct use of a condom with or without the ejaculation mechanism. Artificial semen, condoms and an applicator are supplied with the kit. An instruction sheet and stand are also included.
- SUBJECT HEADINGS: Condoms; Contraception; Games, Kits and Models; Safer Sex; Aboriginal Health

#### Consent traffic light: from go to woe -- # TER20386

The aim of this activity is to look at consent where it is clearly acknowledged verbally and nonverbally, where it needs to be reassured and where it is clearly not given. At the end of the activity, there should be a clear "yes means yes" and everything else is no. Suitable for adolescents 16 years and up. SUBJECT HEADINGS: Adolescence; Consent

#### Contraception clinical handbook (CD-ROM) -- # CDR217414

SUBJECT HEADINGS: Contraception

#### Contraception flip chart -- # TER216828

SUBJECT HEADINGS: Contraception

#### Contraceptive card game -- # TER17402

This card game features facts about commonly used contraception methods and include full-colour photographs, background information, history and pros and cons of each method of contraception. Suitable for middle secondary school students and up.

SUBJECT HEADINGS: Contraception

#### Contraceptive kit -- # TER0222

- A kit containing various methods of contraception, e.g. Implanon, injectable contraceptive, diaphragm, an IUD, condoms, internal condom, lubrication, emergency contraceptive pack, 21 day and a 28-day pill pack. Also includes a set of A4 size anatomy charts and current written information about each method. Suitable for all groups and students from year 10 up.
- SUBJECT HEADINGS: Contraception; Condoms; Intrauterine Devices (IUD); Games, Kits and Models

#### Deepspeak: the world according to you -- # TER00846

- A set of 120 questions plus a 32-page booklet of suggestions to explore the transformational power of simple questions. Can be used with young people to start conversations about some of life's big questions, and some of the little quirky ones as well. The cards are in six categories including openers, identity, relationships, values, emotions and beliefs. Suitable for use with secondary school students.
- SUBJECT HEADINGS: Relationships; Adolescence

#### Ditto's keep safe adventure -- # CDR14191

- This interactive CD-ROM adventure is a safe, non-confronting and fun medium for adults to help children to learn to keep safe. It teaches children how to recognise potentially dangerous situations and gives advice on how to deal with them. Topics include private parts, good and bad secrets, saying no and who to talk too. Includes handbook. Suitable for lower primary school students.
- SUBJECT HEADINGS: Protective Behaviour

#### Emotion cards -- # TER20311

- It's not always easy to talk about how you're feeling. These cards are designed to help counsellors, parents, teachers or just about anyone start the conversation about feelings. The pack contains 62 cards each one depicting an emotion. Suitable for children.
- SUBJECT HEADINGS: Relationships Children; Feelings and Emotions

#### Emotion guard -- # TER217322

"Emotions have always been a touchy subject. They exist in all of us and come in all shades and colours: the 'pleasant' emotions that encourage and elevate us, and the 'unpleasant' which are known for often bringing us down. But in the end, even

unpleasant emotions possess the power to protect us, aid us in survival, let us experience and mostly - allow us to feel. Emotion Guard was developed with a deep thought and intention to allow us to get familiar, transcribe and grant entry to the full range of our emotions." Age: 4+

SUBJECT HEADINGS: Feelings and Emotions

#### Emotions and expressions 2 -- # TER20344

These coloured cards provide an increased level of complexity to help tackle problems associated with children who have learned to talk but have not developed sufficient non-verbal understanding to enable them to hold effective conversations. The pack contains cards showing 4 different age examples of the following emotions – interested; sad; angry; kind; scared; worry; share; bored; pleased; confused and fed up. Suitable for children 5 years and up.

SUBJECT HEADINGS: Relationships - Children; Feelings and Emotions

#### Emotions flashcards -- # TER215125

- This set of 40 feelings and emotions flashcards encourages language development, communication and conversation. There are 4 images for each of the following emotions happy, sad, angry, surprised, frustrated, scared, worried, tired, shy and bored.
- Each card features a full colour picture and on the reverse side is the label for the feeling (e.g. happy). Ideal for speech therapy, early intervention and as a resource for autism. A list of activities and ideas is included, making it a great educational tool for teachers and parents, in the classroom and at home. Suitable for children and adults.

SUBJECT HEADINGS: Communication - Children; Feelings and Emotions

#### Every body needs to know -- # TER2777

This resource is designed as a comprehensive and flexible teaching manual for people with a disability. The manual is divided into 10 sections and the topics included are group formation, private bodies, puberty, periods, relationships, sexual relationships, pregnancy information, feeling good, being safe, sexual health checks. The manual supports diversity, explores rights and responsibilities and has a client focus that enables the development of strategies for day-to-day issues. The resource includes a Picture Card List booklet as well as suggested pre-readings, styles and language and a list of additional resources. The session plans in the manual are supported by line drawings on laminated cards. At the end of each session there is specific suggestions for how to work with disabilities. The authors give copyright permission to photocopy worksheets and activities. Suitable with adaptation for all age groups of people with a disability.

SUBJECT HEADINGS: Disability; Protective Behaviour - Disability; Puberty - Disability

#### Every body needs to know (CD-ROM) -- # CDR17521

This CD-ROM is an update of the kit of the same name. It is designed as a comprehensive and flexible teaching resource for people with a disability. The manual file is divided into 10 sections and the topics included are group formation, private bodies, puberty, periods, relationships, sexual relationships, pregnancy information, feeling good, being safe, sexual health checks. The manual supports diversity, explores rights and responsibilities and has a client focus that enables the development of strategies for day-to-day issues. The other files include a Picture Card List as well as suggested pre-readings, styles and language and a hyper-linked list of additional resources. The session plans in the manual are supported by a file of line drawings. At the end of each session there is specific suggestions for how to work with particular disabilities. Suitable with adaptation for all age groups of people with a disability.

SUBJECT HEADINGS: Disability; Protective Behaviour - Disability; Puberty - Disability

#### Exploring sexual and social understanding -- # TER20406

This pack has been developed to provide a flexible visual resource that can be used to assess sexual knowledge and capacity to consent and help to teach and discuss appropriate social and sexual behaviour. Suitable for use with people with an intellectual disability.

SUBJECT HEADINGS: Disability - Intellectual

#### Family life -- # CDR12609

This CD-ROM features a series of multicultural pictures developed for use within human relations and sexual health educational programs. Includes a manual which features a comprehensive set of prompt questions and supplementary activities to accompany each slide. For use with people from a multicultural background. SUBJECT HEADINGS: Multicultural Issue

#### Feel safe -- # CDR2930

- This educational CD-ROM promotes self-protection for young people with a learning disability. It features nine games which teach self-protection in a fun and interactive way. It includes who to talk to if you need help, male and female body parts, wanted and unwanted touch, body warning signs, rules about touch, types of touch and feelings. Suitable for people with a learning disability.
- SUBJECT HEADINGS: Protective Behaviour Disability; Disability Intellectual

#### Feelings -- # TER17426

Adaptable teaching tool designed to help develop both language and social skills. Real objects, people, situations and activities are shown on the photographs to provide you with creative and highly visual. Help children to explore their own feelings and emotions and understand the feelings of other people around them. Suitable for primary school students and up.

SUBJECT HEADINGS: Communication - Children; Relationships - Children; Feelings and Emotions

#### Feelings and emotions -- # TER18223

- These 50 durable cards have a photographic image on one side and activities for enquiry in class, group/talk-partner discussion or circle time on the other. Story starters on the reverse will encourage thinking and development in key social and emotional aspects of learning. The themes cover a diverse range of emotions such as fear, confusion, jealousy, excitement and sadness. These cards are great for discussing how other people feel, exploring body language and facial expressions as well as promoting inclusion. Suitable for primary school aged children and up. SUBJECT HEADINGS: Games, Kits and Models; Relationships; Disability; Feelings and
- Emotions

#### Feelings detective -- # TER213267

Feelings Detective is a matching game. The Feeling Cards have only one feeling word on it, such as happy or frustrated. Players try to match these cards with the Feeling Talk Cards, which have examples of cognitive talk that reflect that feeling. There are two decks of Feeling Cards and two decks of Feeling Talk Cards. The red and blue cards are for younger players, generally grades 1 to 3, and the orange and purple cards are for older players, generally grades 4 to 6. Helps all children understand their own feelings as well as the feelings of others. This activity is especially helpful for children who tend to misread social cues, including those on the autism spectrum. Suitable for primary school students.

SUBJECT HEADINGS: Games, Kits and Models; Disability; Feelings and Emotions

#### Feelings faces -- # TER0319

Consists of 11 coloured cards showing different facial expressions e.g. sad, embarrassed, happy, etc. Suitable for use with people with an intellectual disability. SUBJECT HEADINGS: Disability - Intellectual; Feelings and Emotions

#### Feelings fair -- # TER213666

- Feelings Fair is a board game specifically designed to give students important skills for recognising feelings in themselves and others, expressing feelings in a mature way, handling difficult situations that involve strong or negative feelings. Suitable for primary school students.
- SUBJECT HEADINGS: Games, Kits and Models; Relationships Children; Feelings and Emotions

#### Feelings flashcards -- # TER20421

Each colourful card features a feeling children experience, and the other side shows the opposite feeling. Suitable for primary school students. SUBJECT HEADINGS: Children; Feelings and Emotions



#### Female anatomy model -- # TER2161

Life size model showing anatomical structure of the female reproductive system. Has a comprehensive pelvic region with detachable parts. Includes a booklet. This item is too big to post. Suitable for all age groups.

SUBJECT HEADINGS: Games, Kits and Models; Reproduction - Women

#### The female breast -- # TER2080

A guide to common benign conditions of the breast with dial window for viewing various conditions. SUBJECT HEADINGS: Breast

#### Female external genitalia: anatomy and pathology -- # CHA3100

Large, laminated chart depicting female genitalia. Including normal genitalia as well as cervical condyloma, Bartholin's cyst, vaginitis, carcinoma of the vulva, herpes genitalia, cervical cancer, uterine bleeding and benign breast disorders. SUBJECT HEADINGS: Posters and Charts; Vaginal Health

#### Female external genitalia: anatomy and pathology -- # TER17461

Large soft laminated chart depicting female genitalia including normal genitalia as well as cervical condyloma, Bartholin's cyst, vaginitis, carcinoma of the vulva, herpes genitalia, cervical cancer, uterine bleeding and benign breast disorders. SUBJECT HEADINGS: Women's Health; Reproduction - Women; Vaginal Health

#### Female Genital Mutilation (FGM) information pack -- # TER213276

An information pack with DVDs, chart and leaflets. Suitable for health professionals. SUBJECT HEADINGS: Gender Issues; Genital Mutilation

#### The female genital organs -- # CHA15432

This laminated chart shows female menstruation cycle, perineal region with illustration of blood vessels and pelvic floor muscles, and the sagittal section through the female pelvis.

SUBJECT HEADINGS: Menstruation; Reproduction

#### Female genital poster -- # CHA17383

A colour poster showing the external genitalia of women. SUBJECT HEADINGS: Posters and Charts; Photography - Women; Reproduction

#### Female reproductive organs model (small) -- # TER215123

Small plastic model on stand and plastic tile showing endometriosis; carcinoma; polyps; fibroids as well as female reproductive organs. Suitable for health professionals.



SUBJECT HEADINGS: Gynaecology; Reproduction - Women

#### Female reproductive system chart (small) -- # CHA0322

Laminated small chart depicting various views of the female reproductive system. Suitable for posting. Suitable for upper primary school students and up. SUBJECT HEADINGS: Reproduction; Women

#### Female reproductive system chart -- # CHA15433

A laminated chart showing female reproductive system, ovulation and fertilization, and the menstrual cycle. Suitable for upper primary school and up. SUBJECT HEADINGS: Reproduction - Women; Menstruation

#### Female reproductive system poster -- # CHA2133

A laminated A2 poster size chart depicting various views of the female reproductive system. Suitable for upper primary school students and up. SUBJECT HEADINGS: Reproduction - Women; Menstruation

#### Foetal development model -- # TER15480

This model shows the process of foetal development from the unfertilised ovum to the ninth month of gestation. The model shows developmental stages including ovulation, fertilisation, zygote formation and uterine implantation. The foetus is also shown at 4 weeks, 8 weeks, 12 weeks, and 9 months of development. SUBJECT HEADINGS: Foetal Development

#### Foetal model -- # TER0333

Near life size model of the female pelvic area including a removable 7-month-old foetus in situ. Note: This item is too large to post. Suitable for all groups. SUBJECT HEADINGS: Reproduction; Foetal Development

#### Friendly drawings essentials -- # TER217412

"We found that many of the resources available to us, drawings of sexual & reproductive systems, were typically medical focussed, often required literacy, mostly, or always, only white bodies and frequently incomplete or inaccurate i.e. the clitoris was either missing entirely or, if represented, was inaccurate and not representative of the whole clitoris and resources often perpetuated inaccurate and often harmful stereotypes of what bodies look lie i.e. vulvas with smooth tucked in labia. In all our work, and particularly with Aboriginal young people and young people from culturally and linguistically diverse communities, we felt that these resources were not fit for purpose. In collaboration with young people, and young Aboriginal people and young people from migrant and refugee communities in particular, we have codesigned a collection of drawings. We have aimed to create a collection of drawings that are accurate, do not perpetuate harmful stereotypes, are reflective of natural variations of bodies and are culturally inclusive, are not

confrontational and hopefully "friendly". These drawings have been codesigned with young people by our educators and graphic design team in consultation with our clinicians and clinal education team. We have consulted with young people in community settings, schools, juvenile detention, teen mum centres, residential care settings and community groups." -- Karen and Bronwyn SUBJECT HEADINGS: Anatomy

#### Friendship in a jar -- # TER3596

SUBJECT HEADINGS: Games, Kits and Models; Feelings and Emotions; Communication - Children; Relationships - Children; Relationships

#### Friendship Island -- # TER213665

The game focuses on the three vital areas of friendship: making Friends; being a good friend; resolving disagreements in a win-win way. The play of the game has been designed so that the players cooperate and help each other as well as answer questions about friendship to win points for themselves. The game also helps shy and socially delayed students explore friendship issues that they would be hesitant to verbalise without the special supportive environment of the game. Suitable for primary school students.

SUBJECT HEADINGS: Games, Kits and Models; Relationships - Children

#### The friendship wall -- # TER0343

- A wall is built with a series of "bricks" made from milk cartons. Each brick has a word (chosen by participants) written on it. When one brick is removed, the wall weakens. Designed to assist students to develop problem solving skills and to clarify the meaning of friendship. Includes a manual. Note: This item is too bulky for loan, however the instruction manual may be borrowed by those who wish to make their own "bricks". Suitable for all age groups.
- SUBJECT HEADINGS: Relationships; Games, Kits and Models

#### The friendship wall (manual only) -- # TER2249

This resource is used with people with an intellectual disability when discussing relationships. A wall is built with the cartons which have words (important to a relationship) written on them. When you remove one carton the wall weakens. Participants choose the appropriate words and write them on the carton if they are able. Suitable for use with people with an intellectual disability. SUBJECT HEADINGS: Disability - Intellectual; Relationships

#### Fully informed: sexual health decisions -- # TER07617

This activity provides the opportunity for students to explore how different situations may be potentially harmful depending on the people they are with, where they are and whether drugs are involved. By examining these variables, students can think about how to minimise risk for themselves. Suitable for students 13 years and up.



SUBJECT HEADINGS: Sex Education; Relationships

#### Gender fairness: conversations about equity -- # TER216688

Gender Fairness is a unique resource for developing an inspiring vision for gender equity that benefits everyone. Suitable for building gender fairness in business, organisations and communities.

SUBJECT HEADINGS: Gender Issues

#### Gender inclusive perinatal care -- # CHA3601

SUBJECT HEADINGS: Birth; Gay, Lesbian, Bisexual, Transgender, Intersex & Queer lssues.

Gender Issues; Reproductive Health

#### Genital photographs: male and female -- # TER2274

Laminated photographs of a circumcised and an uncircumcised penis (both flaccid and erect) and one laminated photograph of an external view of a female vagina. SUBJECT HEADINGS: Photography - Men; Photography - Women; Sex Education

#### Giant egg and sperm -- # TER217426

These giant plush microbes are fun for educators to use to introduce information about reproductive and sexual health with groups of students. Made from plush material with soft polyester fill. Suitable for educators to use with groups. SUBJECT HEADINGS: Conception

#### Giant STI microbes -- # TER18562

These 8 giant plush microbes are fun for educators to use to introduce information about reproductive and sexual health and sexually transmissible infections (STIs) with groups of students. Made from plush material with soft polyester fill, they are shaped to represent individual microbes enlarged 1,000,000 times. Microbes include chlamydia, herpes, pubic louse, HIV, HPV, gonorrhoea, trichomoniasis and syphilis. Suitable for educators to use with groups.

SUBJECT HEADINGS: Sexually Transmitted Infections (STIs)

#### Girltopia -- # TER17420

These cards have been designed to support developmentally appropriate, conversations with girls. Such conversations can also be a part of strategies for working with many issues facing girls and young women, such as body image, selfesteem, depression, eating disorders, sexualisation and bullying. Suitable for girls aged 10 to 18.

SUBJECT HEADINGS: Self-esteem; Puberty; Relationships



#### The greater me cards -- # TER216770

- "This conversational tool made up of 52 cards and accompanying guidance, helps young people build their advocacy skills by establishing their own strengths and needs. Organised into 10 categories, the cards cover additional needs, feelings and communication, how to seek help, and many more useful topics to develop resilience. There are around 150 questions which can be used flexibly by young people and facilitating adults, such as: What do I think I am good at/not good at? What support from other people do I think will help me manage on my own more easily? Who might I choose to speak to when things become too hard or difficult? Developed and tested by registered educational and child psychologists, this card set enables the planning of actions which move children and young people towards achieving their full potential." -- Publisher's description.
- SUBJECT HEADINGS: Relationships Children

#### The grief companion -- # TER217370

"The Grief Companion is a modern illustrated deck of cards that provides gentle guidance, support, and knowledge for those navigating loss and grief. No two people grieve in the same way. The Grief Companion is a non-linear collection of cards that offers insights into the ever-evolving grieving process: providing thoughts and facts to help you feel grounded and seen; ideas on how to honour your loss and memory; and resources you can rely on as your experience of grief continues to shift. The cards can be used in a number of different ways. Simply pull an Insight, Action, or Prompt card every day or every week as part of a mindful intention, or during a difficult moment to be comforted. The cards are designed with dozens of actions and reflections that can be easily incorporated into your routine to guide and support you on your unique path. With The Grief Companion, you'll be empowered to better understand the grieving process and its effects as you learn coping mechanisms and, most of all, feel supported in your grieving experience." -- Publisher's website.

SUBJECT HEADINGS: Grief

#### Group norms -- # TER18557

- These cards are designed to be used with Aboriginal and Torres Strait Islander people. The facilitator and participants use the cards to set up a safe and respectful learning space that has respectful behaviours, appropriate language use and acknowledges personal boundaries. Suitable for use with Aboriginal and Torres Strait Islander people.
- SUBJECT HEADINGS: Aboriginal Health; Relationships

#### Group norms (including expansion set) -- # TER217336

The Group Norms Cards activity is used to establish group norms. This helps to create a learning space that is respectful by acknowledging personal boundaries and demonstrating respectful language and behaviour. Setting up group norms enables inappropriate language and behaviour to be addressed. The activity involves asking



participants to place cards under headings 'Positive/Deadly' if it supports a safe learning space, or 'Negative/Not Deadly' if it does not support a safe learning space. Participants can then be invited as a group to question or move cards with the aim of getting a consensus (everyone/most agreeing with the placement of the cards). The expansion set covers relationships and sexual health behaviours. Illustrations by Tikari Rigney (they/them) a Kaurna, Narrunga and Ngarrindjeri visual artist and poet. SUBJECT HEADINGS: Aboriginal Health / Issues; Communication; Communication -Children.

Health Promotion; Education

#### Growing up charts -- # CHA0356

This set of 4 full colour laminated charts covers body changes for both girls and boys, and the menstrual cycle. A discussion sheet accompanies this set. Suitable for primary school students.

SUBJECT HEADINGS: Puberty; Adolescence; Menstruation

#### Growing well -- # TER14601

This card set consists of 50 laminated, write on/wipe off cards with key statements that can be used as indicators of mental wellbeing. They are designed to be used by individuals alone or as conversation building tools between a professional and a client, or between colleagues, friends or group members. Includes instructions for use. Suitable for use with groups.

SUBJECT HEADINGS: Self-esteem; Mental Health

#### Guy talk in a jar -- # 216695

Everyday questions help promote conversation about friendship, family, emotions, and more guy things. For ages 10 and up. Suitable for primary and secondary students. SUBJECT HEADINGS: Men's Health; Communication

#### Handling emotion card game -- # TER217451

Cards that provide optimum practice for dealing with feelings and learning how to avoid offensive behaviour and treating others badly. A game for developing emotional intelligence designed to be used repeatedly by the same people at different stages in their lives. They will help develop self-worth and a sense of confidence, enabling young people to cope with life's challenges. Suitable for ages 13 to adult.

SUBJECT HEADINGS: Relationships; Feelings and Emotions

#### Healthy mothers, healthy babies -- # TER19194

'Healthy mothers, Healthy Babies' is a culturally appropriate birthing resource for Aboriginal women. Suitable for Aboriginal women.

SUBJECT HEADINGS: Aboriginal Health; Women's Health; Pregnancy



The aim of this resource is to assist people to identify indicators of healthy and unhealthy relationships. Discussion is used to enable participants to recognise issues and causes that contribute to those relationships including social, environmental, physical, emotional etc.

SUBJECT HEADINGS: Relationships

#### Helping children to learn about safer sexual behaviour kit -- # TER213663

This unique resource comprises a therapeutic workbook and storybook, designed to be used as an early intervention with children within the school setting who display concerning sexual behaviour. Suitable for teachers to use with primary school students.

SUBJECT HEADINGS: Children; Protective Behaviour

#### Hidden rules: a game that teaches everyday social skills -- # TER216094

- This fun card game will help children learn and practice 40 hidden social situation rules for everyday life. The object of play is to be the first player to get rid of all their cards. Suitable for students with a disability 6-12 years.
- SUBJECT HEADINGS: Disability; Autism Spectrum Disorders

#### Hidden rules in the classroom -- # TER216091

This fun game will help children learn and practice 40 hidden rules in classroom situations. Suitable for students with a disability 6-12 years. SUBJECT HEADINGS: Disability; Autism Spectrum Disorders

- Hidden rules in the community -- # TER216093 There are lots of rules that kids should know when they go to the grocery store, the mall, the dentist, the doctor, and many more public places. This fun game will help children learn and practice 40 hidden rules in community situations. Suitable for students with a disability 6-12 years.
- SUBJECT HEADINGS: Disability; Autism Spectrum Disorders

#### Hidden rules with friends -- # TER216092

- When is it too late to call a friend? What should you do if a friend who is coming over has a food allergy? This clever card game will help children learn and practice 40 hidden rules in friendship situations. Suitable for students with a disability 6-12 years.
- SUBJECT HEADINGS: Disability; Autism Spectrum Disorders

#### Hookups and break-ups game -- # TER18348

This activity includes 20 booklets which are designed to be used in pairs of students. The students take in turns asking and answering the questions in the booklet. The

### **Resource Centre Catalogue 2024**

aim is to help students to get to know someone intimately for dating and sexual relationships. The activity gets the students to think about their values relating to relationships and helps them to rehearse asking the tough questions. Suitable for secondary students in middle years and above.

SUBJECT HEADINGS: Adolescence; Relationships

#### The hot kit -- # TER13447

SHINESA

- This resource consists of the hot stuff DVD, the hot board game and the hot game resource manual for facilitators. This sexual health education resource has been developed for people working with young people who are homeless and "at risk" of homelessness. It also includes a range of fact sheets on sexually transmitted infections, contraception, safer sex, Hepatitis A, B and C as well as drugs. Suitable for people working with youth who are homeless or at risk of homelessness.
- SUBJECT HEADINGS: Adolescent Health; Sexually Transmitted Infections (STIs); Contraception

#### How are they feeling? -- # TER215131

- These cards present a range of scenarios and activities that occur frequently or rarely in everyday life, but which may have a huge influence or impact. Using relevant cards from the set provides opportunities to discuss what it may or may not portray and provide an ideal start-point for conversation or story telling with individuals or groups. Suitable for people 15 years and up.
- SUBJECT HEADINGS: Relationships; Feelings and Emotions

#### How are you feeling today? -- # TER217446

SUBJECT HEADINGS: Feelings and Emotions

#### How do I feel? -- # TER15001

"This stunning boxed card set will help our children learn to recognise and label emotions and feelings. The set is from the best-selling book, How Do I Feel? A Dictionary of Emotions for Children and includes all 63 emotions and an introvert and extrovert card. With a beautiful illustration of the emotion on one side and the name and definition on the other side, these cards will be a helpful tool for any parent or teacher wishing to help expand emotional literacy in children. Use these cards to start conversations about different emotions. If you can, give examples of times you have experienced a particular emotion. When you see a child experiencing an emotion, help your child label it. "Are you feeling ... right now?" and show them the corresponding card. Learning to recognise and label our emotions correctly is such an important skill for life. Giving our children this language helps to build emotional literacy. It is a gift to give children the tools to know how to recognise what they truly feel and that is it okay to feel all emotions. When they know that no emotion is 'good' or 'bad' and that all emotions provide messages, then it takes away any attachment to that emotion being part of who they are. This

card set can be used with children from 2 years of age up." --- Publisher's description.

SUBJECT HEADINGS: Feelings and Emotions

#### How do you know if you are in an unsafe relationship? -- # TER216786

"An unsafe and exploitative relationship can be very dangerous for you. Here are five checklists featuring warning signs that may help you identify if you are in an unsafe relationship. Written by Jayneen Sanders based on her advocacy work in this area and research from books and websites that deal with domestic and family violence. If you are experiencing some of these warning signs, seek help from a professional organization that works with people in domestic and family violence situations. These posters are freely available for download, print, display and social share. We only ask that all use be non-commercial, and they not be edited/changed in any way."

SUBJECT HEADINGS: Relationships

#### How I'm feeling -- # TER216759

"Perfect prompts to help children share. It can be difficult to get children to share their feelings and thoughts, particularly in times of difficulty. This 54-card pack provides children with a variety of sentence completion prompts to help them discuss topics like anger, anxiety, sadness, grief, traumatic experiences, family issues/changes, fears, difficulties at school and more." Designed for children 5-12 years of age. SUBJECT HEADINGS: Emotions

#### Hula hoop (folding) -- # TER213572

These folding Hula Hoops can be used in several fun activities for young people. Suitable for primary school students. SUBJECT HEADINGS: Games, Kits and Models

#### The human reproductive system posters -- # CHA0594

One poster depicts a line drawing of the female and male reproductive system (front view). The other depicts a line drawing of a woman with baby in the womb, female reproductive system and male reproductive system (side view). Suitable for all ages as well as people with a hearing impairment as signing is depicted on the posters. SUBJECT HEADINGS: Foetal Development; Reproductive Health; Pregnancy

#### Hygiene kit -- # TER217345

This hygiene kit may be used to illustrate products for the care and keeping of oneself. SUBJECT HEADINGS: Health & Wellbeing

#### The I can monsters -- # TER07358

The I can monsters are especially designed for pre-school and early primary school aged children as a tool to reinforce their learning and to build strategies of safety.



They can provide a gentle and fun way of building rich conversations around things that are important to children. They help children talk about what they can do, what they are good at, what they feel good at doing and what new competencies they want to learn. Each card features the words 'I Can...' and works as a prompt for a conversation about how competencies can be used, when it is good to use them and when they can be used to maintain safety. Suitable for primary school aged children.

SUBJECT HEADINGS: Relationships - Children; Communication

## I feel...card set -- # TER20274

A set of feeling cards featuring real children expressing realistic feelings. Suitable for use in classes, groups and one on one with children.

SUBJECT HEADINGS: Games, Kits and Models; Feelings and Emotions

## I have the right (A). Girls 6-10 years -- # TER18566

Set of flashcards for teaching children and young people with disabilities about their rights. The cards simplify the 37 rights in South Australia's Charter of Rights for Children and Young People in Care into seven key messages in sets tailored to suit three ability groups for girls and young women and three for boys and young men. Suitable for people with a disability.

SUBJECT HEADINGS: Disability

## I have the right (B). Girls 11-14 years -- # TER18567

Set of flashcards for teaching children and young people with disabilities about their rights. The cards simplify the 37 rights in South Australia's Charter of Rights for Children and Young People in Care into seven key messages in sets tailored to suit three ability groups for girls and young women and three for boys and young men. Suitable for people with a disability.

SUBJECT HEADINGS: Disability

## I have the right (C). Girls 15-17 years -- # TER18568

Set of flashcards for teaching children and young people with disabilities about their rights. The cards simplify the 37 rights in South Australia's Charter of Rights for Children and Young People in Care into seven key messages in sets tailored to suit three ability groups for girls and young women and three for boys and young men. Suitable for people with a disability.

SUBJECT HEADINGS: Disability

## I have the right (D). Boys 6-10 years -- # TER18569

Set of flashcards for teaching children and young people with disabilities about their rights. The cards simplify the 37 rights in South Australia's Charter of Rights for Children and Young People in Care into seven key messages in sets tailored to suit

three ability groups for girls and young women and three for boys and young men. Suitable for people with a disability. SUBJECT HEADINGS: Disability

## I have the right (E). Boys 11-14 years -- # TER18570

Set of flashcards for teaching children and young people with disabilities about their rights. The cards simplify the 37 rights in South Australia's Charter of Rights for Children and Young People in Care into seven key messages in sets tailored to suit three ability groups for girls and young women and three for boys and young men. Suitable for people with a disability.

SUBJECT HEADINGS: Disability

## I have the right (F). Boys/young men 15-17 years -- # TER18571

Set of flashcards for teaching children and young people with disabilities about their rights. The cards simplify the 37 rights in South Australia's Charter of Rights for Children and Young People in Care into seven key messages in sets tailored to suit three ability groups for girls and young women and three for boys and young men. Suitable for people with a disability.

SUBJECT HEADINGS: Disability

## I have the right to be safe: flip chart -- # CHA07737

This chart can be used as a one-to-one activity or with a group. It is designed to promote self-protection skills in a fun and accessible way for young people aged between five and ten years and for young people with limited learning or literacy difficulties aged between seven and fourteen. Suitable for young people between 5 and 10 and for people with a learning disability.

SUBJECT HEADINGS: Protective Behaviour

### I know what to do when I'm feeling -- # 216694

This flipbook will help children identify and respond appropriately to their emotions. It is fully interactive and provides a dry erase compatibility so that unique situations and solutions can be added for each emotion. For all children including those with Asperger Syndrome and other autism spectrum disorders. Suitable for primary school aged students.

SUBJECT HEADINGS: Autism Spectrum Disorders; Disability; Feelings and Emotions

### I'm bloody awesome -- # TER19209

This Australian board game has four main categories: safer sex/sexually transmitted infections, HIV/AIDS, Hepatitis and safe relationships. Its aim is to provoke conversation and discussion for young people and the associated Health Care Worker/Teacher. It also aims to provide basic information on risk taking behaviours and possible related consequences. Suitable for people over 18 years. SUBJECT HEADINGS: Sexually Transmitted Infections (STIs); HIV/AIDS; Hepatitis



#### Ice breakers in a jar -- #T ER 216693

Help kids break the ice in social situations as they learn more about their peers. Suitable for ages 8-12. Suitable for primary school aged students. SUBJECT HEADINGS: Adolescence; Communication

### If I were Ben -- # CDR 18248

In this South Australian interactive CD-ROM the viewer is asked to identify with a boy called Ben who is told by his girlfriend that she is pregnant. Four days pass, in which Ben wonders who to blame, how friends and family will react, and how he will react to them. He works through his feelings and the situation with his girlfriend Angie, a good mate, a counsellor and by himself. Includes handbook with lesson plan. Suitable for year 9 students and up.

SUBJECT HEADINGS: Pregnancy - Adolescent

## The illustrated clitoris -- # CHA12671

A set of graphic illustrations showing the female genitals and clitoral structure. Includes a handbook. Suitable for health professionals and sex educators. SUBJECT HEADINGS: Sexuality - Female

## Implanon model -- # TER14961

SUBJECT HEADINGS: Contraception

### In the picture -- # 8.1 INT RC

This resource supports secondary schools to respond to the influence of explicit sexual imagery by providing guidelines, suggested strategies and practical resources for each aspect of a whole school approach to the issues. There are ten activities which are packaged and ready to use in this kit. These are: What is normal? Take a position; Why is porn an issue? Media vs the real world; Porn world vs the real world; Sexual imagery and the law; Many sides of the story; Finish the story; What would you do? and Raise your voice. Suitable for secondary school students

SUBJECT HEADINGS: Adolescence; Pornography

## Infertility chart -- # CHA0392

Large wall chart illustrating causes of infertility in both males and females. Suitable for ages 16 years and over.

SUBJECT HEADINGS: Infertility

### Information about domestic and family violence -- # TER216827

SUBJECT HEADINGS: Domestic Violence; Sexual Abuse



## Internal condom demonstrator (vaginal model) (dark skin) -- # TER20272

This model shows the labia and vagina up to the cervix in a simplified representation and is used for demonstrating and learning the insertion of an internal condom. SUBJECT HEADINGS: Condoms; Safer Sex

## Internal condom demonstrator (vaginal model) (light skin) -- # TER20270

This model shows the labia and vagina up to the cervix in a simplified representation and is used for demonstrating and learning the insertion of an internal condom. SUBJECT HEADINGS: Condoms; Safer Sex

#### Jason: teaching doll (life sized) -- # TER213606

Life sized male training dolls with anatomically correct genitals. Doll can be used when teaching growth and development. Suitable for use for people with a disability. SUBJECT HEADINGS: Relationships - Disability; Disability

### Kulintja Kunpu: strong thinking -- # TER213245

Set of A4 colour photographs written in Pitjantjatjara and English designed to remind the user of the strengths that can be used every day to make decisions. Suitable for Aboriginal groups.

SUBJECT HEADINGS: Aboriginal Health

### Kylie: teaching doll (life sized) -- # TER213605

Life sized female training dolls with anatomically correct genitals. Doll can be used when teaching growth and development. Suitable for use with people with a disability.

SUBJECT HEADINGS: Disability; Relationships - Disability

### The last straw -- # TER3210

The Last Straw! Is a fun and exciting teaching tool on the social determinants of health. The game has three objectives -to promote discussion about the social determinants of health; to help players build empathy with marginalized people and gain an awareness of players' own social location and to encourage learning in a fun and supportive environment. In keeping with current research on the social determinants of health, socioeconomic status is a primary determinant of health in this game, as are race, gender, sexual orientation and other factors. Suitable for ages 14 years and up.

SUBJECT HEADINGS: Health & Wellbeing; Social Justice



#### Let's make friends! -- # TER18565

Let's Make Friends! Is a fun-filled card game that teaches children how to develop relationships with peers. The card categories address important friendship skills making a friend, becoming a friend, helping a friend, choosing a friend, and problem with a friend. Suitable for children 6 years and up.

SUBJECT HEADINGS: Communication - Children; Relationships - Children

#### Let's talk! -- # TER3198

This set of 78 cards is designed to be used with all groups including people with a disability. It consists of three basic themes, the cards will encourage people to talk about themselves, their likes and dislikes, their feelings and their lives. The cues and questions have been designed to be short, simple and unthreatening. Suitable for use with all groups including people with a disability.

SUBJECT HEADINGS: Games, Kits and Models; Disability; Communication

#### Let's talk feelings -- # TER20334

A card game to enable people to become more aware of their feelings. It is an adaptable resource, designed for use as a 5-minute ice breaker, in a one-hour discussion, or in a series of more detailed workshop sessions. It covers a range of feelings including angry, jealous, calm, disappointed, overwhelmed, proud, nervous, frustrated, uncomfortable, curious, left out, loving. Suitable for children to adults. SUBJECT HEADINGS: Relationships; Feelings and Emotions

#### Letz talk -- # TER216700

Letz Talk is a fun and innovative way to allow kids and teens to open up and share their thoughts and feelings. It increases self-esteem and builds confidence and connection. Suitable for ages 13-18 years.

SUBJECT HEADINGS: Games, Kits and Models; Communication; Feelings and Emotions

#### Life before birth chart -- # CHA0419

Large laminated, coloured chart showing the development of the foetus from conception to birth. Actual size is depicted. SUBJECT HEADINGS: Foetal Development

#### Life happens -- # TER213671

This activity is an interactive way of helping teenagers and young adults break down the barriers associated with sexuality. Uses life-size bodies and a series of challenges to guide its characters through a relationship or navigate a sexual health issue. The characters are not assigned a gender – it is up to the participants to decide which gender they want to be – and can deal with both positive and negative challenges when working through the story. Suitable for upper secondary students.



SUBJECT HEADINGS: Adolescence; Relationships

## The live your values deck -- # TER15006

"Living your values increases your compassion, reduces your stress, enhances your confidence, and allows you to experience more intimacy in your relationships. These 78 cards offer you a practical set of tools for determining your core values and practicing them in your daily life. Start off with a simple sorting exercise, then dive deeper into your highest values with the prompts and activities listed on each card. The accompanying booklet helps you use the deck to enrich your life and improve your well-being." -- Publisher's description.

SUBJECT HEADINGS: Communication; Relationships

## Living a positive life -- # CDR12632

This double CD contains the stories of four people living with HIV/AIDS. The four stories cover a variety of issues from the perspectives of a gay man, a heterosexual man, and two women. Each language contains over ten minutes of stories to listen to in Arabic, Cantonese, Croatian, English, Indonesian, Khmer, Mandarin, Spanish, Thai and Vietnamese. For use with people living with HIV/AIDS, their partners and families.

SUBJECT HEADINGS: Multicultural Issues; HIV/AIDS

## Living safer sexual lives -- # TER18198

This training pack is designed for use by facilitators planning workshops for families, people with intellectual disabilities and service providers. It is divided into three parts: Part 1. Introduction - background to the research on which the workshops are based; Part 2. The Training - Information on preparing for and running workshops; Part 3. Resources - Background materials, resource materials, stories, slides and resources list. Also included in the pack is a DVD where three actors with intellectual disabilities tell life stories. Suitable for or families, people with intellectual disabilities and service providers.

SUBJECT HEADINGS: Disability - Sexuality

## Lost in normality -- # TER13488

A kit with 36 illustrated cards and a little book exploring the new tricks and torments of normality.

SUBJECT HEADINGS: Attitudes; Relationships

## Magnell kit -- # TER0449

Large magnetic whiteboard and stand with easy-to-use colourful magnetic cut-outs of the human body which are represented at "near life size". Features include cut-outs with information on male & female reproduction, menstruation, conception & foetal development, contraception including male & female sterilisation, IUCD insertion,

condoms and spermicide. Whiteboard can be written on with special crayon. Suitable for primary and secondary school students, youth, multicultural groups and people with a learning disability.

SUBJECT HEADINGS: Reproduction; Disability - Intellectual; Menstruation; Sterilisation.

Children; Adolescence; Games, Kits and Models

## Magno-mate reproduction kit -- # TER18257

Large magnetic whiteboard (like the Magnell kit) and stand with easy-to-use colourful magnetic cutouts of the human body which are represented at "near life size". Features include cut-outs with information on male & female reproduction, menstruation, conception & foetal development, contraception including male & female sterilisation, IUCD insertion, condoms and spermicide. Whiteboard can be written on with special crayon. Suitable for primary and secondary school students, youth, multicultural groups and people with a learning disability.

SUBJECT HEADINGS: Reproduction; Disability - Intellectual; Menstruation; Sterilisation.

Children; Adolescence; Games, Kits and Models

## Male anatomy model -- # TER2160

Life size model showing the anatomy structure of the reproductive area of the male. Very comprehensive pelvic region with detachable parts. Includes a booklet. SUBJECT HEADINGS: Games, Kits and Models; Reproductive Health - Men

## Male pelvis model -- # TER13532

A one-half scale mid-sagittal section showing the anatomy of the pelvis and testis, includes a normal size prostate. The education card shows three prostate stages including normal and benign hypertrophy.

SUBJECT HEADINGS: Games, Kits and Models; Men's Health; Testicular Cancer -Prevention

## Male pelvis model showing testicular cancer -- # TER13533

One-half scale, mid-sagittal section male pelvis, shows anatomy of the pelvis and testis. A testicle with cancer is included. Testicle depicts a seminoma tumour, one of the two most common tumours. The 2sided education card features the male pelvis on one side and 3 stages of testis tumours on the second side.

SUBJECT HEADINGS: Games, Kits and Models; Men's Health; Testicular Cancer -Prevention



#### Male reproductive system chart -- # CHA15434

A laminated chart showing the male reproductive system, spermiogenesis, anterior prostate view (sectioned) and vasectomy diagram. Suitable for upper primary school students and up.

SUBJECT HEADINGS: Reproduction - male

#### Male reproductive system poster -- # CHA2132

Laminated poster size chart depicting various views of the male reproductive system. SUBJECT HEADINGS: Reproductive Health - Men

#### Male reproductive system poster (soft laminate) -- # CHA17377

Laminated poster size chart depicting various views of the male reproductive system. SUBJECT HEADINGS: Reproduction - male

#### Man's world -- # TER12493

This board game is designed to help young men talk about their feelings, increase their knowledge, share their experiences and look at their attitudes to being a male. This game is designed to be played in small groups of 4-6 people (although by playing in pairs or teams, large numbers may be involved with a facilitator). Suitable for young men from the age of 13 years upwards.

SUBJECT HEADINGS: Men's Health; Relationships; Abuse; Adolescence; Sexuality -Adolescence

#### Mates traits -- # TER07357

Mates traits is a set of 32 colourful, light-hearted cards that describe some of the characteristics of real friendships. Using delightful cartoon characters of Australian birds and animals, Mates traits attempts to unlock the complexities of friendship-making. What do you and your friends do together? How can you make new friends? Do things always go the way you planned? Mates traits is a novel tool for children (of all ages!) to reflect on and talk about relationship-building. It can be used to talk about social skills, communication, personalities and interests, and is a unique way of working towards preventing and overcoming bullying. Suitable for primary school students.

SUBJECT HEADINGS: Relationships - Children

#### Menstrual hygiene use sequencing cards -- # TER18346

Teaching how to use hygiene products for menstruation can be a confusing task. These 4 x 6 colour laminated cards demonstrate, picture by picture, the sequence of how to apply hygiene napkins, how to change them, and how to discard them. They are labelled by steps and include a reminder to wash hands after touching sanitary napkins. Suitable for use with women with a disability.

SUBJECT HEADINGS: Disability; Menstruation

#### A mindfulness-based stress reduction card deck -- # TER15016

"52 simple, stress-busting MBSR meditations and practices you can use whenever-and wherever-you need to find calm and inner peace. As life becomes increasingly stressful, you need innovative tools to help you find balance. Grounded in the same powerful program outlined in the self-help classic, A Mindfulness-Based Stress Reduction Workbook, this portable 52-card deck offers easy and effective stress relief you can use in the moment, whenever stress, worry, or anxiety take hold. Developed by Jon Kabat-Zinn, author of Full Catastrophe Living, mindfulnessbased stress reduction (MBSR) is a clinically proven program that is effective in alleviating stress, anxiety, panic, depression, chronic pain, and a wide range of medical conditions. Taught in classes and clinics worldwide, this powerful approach shows you how to focus on the present moment and permanently change the way you handle stress. Now this powerful program has been distilled into bite-sized meditations you can use daily, even when you're on the go. Use this card deck to enhance your own mindfulness practice, jumpstart a new routine, or simply find quick relief when you need it." -- Publisher's description.

SUBJECT HEADINGS: Feelings and Emotions

#### Mirena model -- # TER216793

SUBJECT HEADINGS: Intrauterine Devices (IUD); Contraception

#### The mood cards -- # TER213268

Each card offers an opportunity to identify with your moods and emotions, a chance to think through your feelings with guided questions for self-exploration followed by an affirmation of positive thinking. Being mindfully aware and then using cognition and logic to gain understandings is a powerful way to bring about positive change and healing.

SUBJECT HEADINGS: Games, Kits and Models; Therapy; Feelings and Emotions

### More feelings in a jar -- # TER20299

Everyone needs to know how to name and express feelings. The jar holds 101 little cards printed with "feelings words"—gleeful, insecure, grateful, angry, cranky, courageous, hopeful, and many more. Pull a slip and act out the feeling or invite someone else to act it out. Use as discussion starters, journaling prompts, or icebreakers for groups. Suitable for all ages.

SUBJECT HEADINGS: Relationships; Games, Kits and Models; Feelings and Emotions

### My early warning signs -- # TER216757

SUBJECT HEADINGS: Protective Behaviour

## My feelings -- # TER14551

SHINESA

- Feelings are important. Sometimes it's hard to recognise them. But even very young children can learn to identify emotions and develop safe responses by noticing what is happening in their bodies. This resource is a tool for talking with children about feelings and body signals. Includes sheets with a simple drawing of a body outline no gender no features. Children can add facial expressions, body signals, clothes and backgrounds of their choice. Suitable for anyone working with children to build emotional resilience and protective behaviours. Features English and Spanish text. Suitable for use with children.
- SUBJECT HEADINGS: Relationships; Games, Kits and Models; Children; Feelings and Emotions

## My life, my choices -- # TER217466

"The My Life My Choices Conversation Cards are for people with intellectual disability to explore decision making. They were co-designed with people with intellectual disability. People with intellectual disability and their supporters can use the cards to feel good about making decisions; understand how to make decisions; think about what supports are needed to make the decisions. This project was funded under the Australian Government's Information Linkages and Capacity Building Program." -- Publisher's description. Suitable for people with an intellectual disability.

SUBJECT HEADINGS: Emotions; Disability - Intellectual; Autism Spectrum Disorders

### My visual for outsmarting explosive behaviour -- # TER17408

This revolutionary program is designed to help decrease - and in some cases eliminate - explosive behaviour in children with autism spectrum disorders. Tantrums and meltdowns are among the greatest challenges presented by ASD, often leaving parents and educators searching for answers. Outsmarting Explosive Behaviour is a visual program, laid out as a fold-out poster, which can be individualised for each user. Four train cars represent the four stages of explosive behaviour - Starting Out, Picking up Steam, Point of No Return, and Explosion. By using visuals to appeal to children with ASD, this program makes it easy to help them identify their current state and take steps to decrease the chances of a meltdown. This comprehensive program includes poster-size visual, how-to handbook and student workbook. SUBJECT HEADINGS: Disability; Autism Spectrum Disorders

## My zones of feelings -- # TER216778

"This resource is based on The Zones of Regulation developed by Leah Kuypers. The My Zones of Feelings Auslan Edition features 38 flash cards divided into four coloured zones: blue, green, yellow and red. The zones are designed to help your child to identify how they are feeling, and categorise their feelings based on colour. Start by introducing your child to the four coloured zones. Use the descriptions of the zones on the back of this introduction card to help guide your explanation. Take your child through the different feelings presented on each card. You may wish to

introduce a few feelings from each zone to start with and add more as your child becomes familiar with the feelings in Auslan. Try to talk to your child about strategies that can help them to feel good when they are experiencing different feelings within each zone. Use the reflection questions on the back of the cards to help prompt and guide your discussions. Please note that the images displayed on each card are aimed to provide a broad understanding of the handshapes and movements required to sign different feelings in Auslan. It is recommended that you cross-reference these signs using resources within your local community. These cards were developed in strong collaboration with multiple Auslan users, including Kirsten Mooney (Auslan teacher), David Grant (founder of Auslan with David, and Gail Smith (owner of Auslan Journey). We also consulted with the broader Deaf community to get their feedback on their preferred signs for the different feelings/emotions presented." -- Publisher's description. Suitable for people with a hearing disability.

SUBJECT HEADINGS: Feelings and Emotions

#### Name the frame -- # TER2832

Provides new windows of insight into the values that shape our decisions and ensures that respect and social justice are maintained in our day-to-day decision making. Suitable for professional education, meetings and workshops. SUBJECT HEADINGS: Games, Kits and Models; Values

#### Ninja life hacks -- # TER216769

"Start talking about emotions and feelings with your kids in conversations inspired by the Ninja Life Hacks characters. Life gets tough sometimes, and it can be hard for kids to open up about their emotions. But the Ninja Life Hacks ninjas are here to help. The 52 cards in this deck and the companion booklet jumpstart conversations about important topics introduced by Angry Ninja, Positive Ninja, Anxious Ninja, and the rest of the Ninja Life Hacks gang. All the fun, familiar characters from this bestselling book series are here, sharing what they've learned from their adventures and asking questions about feelings and emotions that families can explore together." -- Publisher's description.

SUBJECT HEADINGS: Relationships - Children

#### No room for family violence -- # TER215511

Drawing on research and extensive practice in family violence, No Room for Family Violence is a set of 30 cards for having conversations with young people or adults about what abusive and respectful behaviour looks like in intimate partner relationships. Suitable for young people and adults.

SUBJECT HEADINGS: Abuse; Domestic Violence; Relationships

#### **Ovulation charts -- # CHA2016**

Consists of 6 laminated charts which clearly describe hormonal action during the menstrual cycle.

SUBJECT HEADINGS: Menstruation



### Pelvic model profile -- # TER0525

Cut away female pelvic model suitable for showing tampon insertion. Suitable for all age groups.

SUBJECT HEADINGS: Games, Kits and Models; Reproductive Health - Women

## Penile models (Jackson) -- # TER2146

Two life like rubber penile models, one flaccid and one erect. Suitable for professional education.

SUBJECT HEADINGS: Games, Kits and Models; Reproductive Health - Men

## Penis (banana) -- # TER0529

A life-size plastic erect penis (looks like a banana) neatly tucks away into a "fruity" disguise. Ideal for demonstrating the correct use of condoms. Users are asked to please clean before return. Suitable for year 10 students and up.

SUBJECT HEADINGS: Reproductive Health; Games, Kits and Models

### People and emotions -- # TER18224

This resource provides different photographic images of children, adults, families and objects. The People and Emotions Learning cards can be of use in many different classroom situations. Perfect for visual learners, ESL learners, early childhood classrooms and many more. Set includes Emotions, Families, Children Learning Together, and People in My Neighbourhood Photographic Learning Cards, for a total of (90) 5.5" x 8.5" cards. Also includes 6 resource guides with teaching ideas/tips. For primary school students and up.

SUBJECT HEADINGS: Relationships; Games, Kits and Models; Disability; Feelings and Emotions

# People with learning disabilities enjoy sex. It's a fact of life -- # CHA3194

Consists of a set of six colour A3 posters of people with learning disabilities advocating their right for sexual relationships. Suitable for sexual health professionals and learning disability professionals.

SUBJECT HEADINGS: Disability - Intellectual; Sexuality

## Personal relationships: skills for daily living -- # TER3199

Designed to help students understand and discuss personal relationships, this illustrated set shows different kinds of relationships and also the progression of attachments from initial meeting to sexual activity. The set features the full range of relationships from parental and familial, through professional (boss and employee) and friendship, to same-sex and both-sex meeting, dating and having sex. The 48 illustrations feature people of all ages (from baby to older person) and from a range of ethnic backgrounds. Suitable for use with people with a disability.



SUBJECT HEADINGS: Relationships; Disability

## Photo conversation cards -- # TER18263

This resource is designed to help children with Autism or Asperger's learn how to understand the nuances of social interactions and improve their oral language skills. After identifying a particular need, show a selected photo to focus on a significant social cue. Use its accompanying social/communication skills story, on the back of the card, to discuss the possible actions or reactions by those involved. Each photo card can become a handy reminder of what to do and say. Photo subjects include meeting and greeting people; making and keeping friends; manners; personal space; understanding emotions and school. Suitable for young people with autism spectrum disorders.

SUBJECT HEADINGS: Autism Spectrum Disorders; Disability; Communication

## Photo emotion cards -- # TER20310

This 80-Card set will help students identify and discuss different feelings and emotions. Half of the images are against a plain background, showing only the upper body and face, and clearly depicting a single emotion. The remaining cards show people in real situations and activities with natural settings and contexts, inviting discussion about a range of emotions, why the people may feel that way, and possible responses to these feelings. Suitable for all ages.

SUBJECT HEADINGS: Games, Kits and Models; Feelings and Emotions

## Photo language -- # TER2065

- A series of black and white photographs designed to facilitate personal expression and interaction in small groups relating to human values. It is in two parts and includes a handbook. Suitable for use with all groups.
- SUBJECT HEADINGS: Photography; Relationships; Values

## Picture this -- # TER14497

- The 75 original, evocative photographs that make up Picture This offer opportunities for people of all ages to reflect on their experiences and communicate with others. Some of these full-colour images are poignant, some are heart-warming, and others are tinged with humour. This highly interpretive tool can open up conversations, storytelling and creative writing about feelings, goals, and points of view. Suitable for use with groups of all ages.
- SUBJECT HEADINGS: Relationships; Communication

## Picture yourself -- # TER0567

This is a flexible teaching resource specifically designed to be used with people with learning difficulties. It consists of line drawings and photographs illustrating growing up, male and female bodies, public and private places, appropriate

behaviour, becoming sexual, using a condom, using a public toilet and masturbation. It is a particularly useful resource for education in life skills, health, personal development, personal relationships and socio-sexual behaviour. Suitable for use with people with an intellectual disability.

SUBJECT HEADINGS: Disability - Intellectual; Disability - Sexuality; Photography

### Picture yourself 1 and 2 -- # TER14493

This teaching resource is designed for use with people with learning disabilities. It consists of four sets of line drawings and photographs illustrating growing up, male and female bodies, public and private places, appropriate behaviour, making relationships, becoming sexual, using a condom, using a public toilet and masturbation. The CD-ROM of this resource is also available for use in the library. Suitable for disability workers to use with people with a learning disability.

SUBJECT HEADINGS: Disability - Sexuality; Relationships - Disability; Sex Education - Disability

## Planet porn -- # TER18333

This resource aims to offer activities and ideas to help young people to understand what porn is and what it isn't. To understand that it is entertainment for adults, rather than sex education for young people. It's not anti-porn or pro-porn, it tries to enable young people, and those working with them, to have a conversation about porn and to be able to think about it critically. As well as talking about porn this resource enables conversations around self-esteem, body image, sexual decision making, boundaries, pleasure, orgasms, communication, safer sex, sexual safety, the law, feminism, equality, lust and love, emotions, relationships, masculine norms, heteronormative scripts, sexuality and oppression. Suitable for sex educators, teachers, parents, youth workers or anyone wanting to talk with upper teens about porn. SUBJECT HEADINGS: Pornography; Adolescence

#### Pleasure oracle -- # TER217417

"Pleasure Oracle is a fun and playful intimacy deck designed to stimulate joy, desire and passion into your life and relationships. Featuring 52 full-colour cards set in a beautifully designed box, each card will be an answer, an insight, call to action, or all the above relating to themes across love, sex and erotic intelligence. Designed to be read a one card at a time, you will discover original, insightful and sensuous wisdom, that will not only ignite pleasure and excitement with a partner, but it will guide you on how to own your sexual power, deepen your self-worth, and be the master of your own desire." -- Publisher's description.

SUBJECT HEADINGS: Sexuality; Relationships; Masturbation

#### Plush anatomy models -- # TER217752

SUBJECT HEADINGS: Anatomy

**Resource Centre Catalogue 2024** 

## Plush penis model -- # TER14959

SUBJECT HEADINGS: Anatomy

SHINESA

### Plush testicles -- # TER216810

SUBJECT HEADINGS: Genitalia

## Pocket uterus, baby and pelvis -- # TER213265

This 6-part miniature model set helps demonstrate what happens during labour and birth. The set includes a baby model (14cm long) with detachable placenta/cord with amniotic sac, pelvis model, knitted uterus, receiving blanket, and a tote bag. SUBJECT HEADINGS: Childbirth

## Porn world -- # TER213513

This activity is designed to provide discussion on the unrealistic portrayal of sexuality in pornography. Topics that could be discussed include gender and sexuality, body image as well as sexually transmitted infections. Suitable for young people. SUBJECT HEADINGS: Body Image; Pornography

## Pregnancy & birth chart -- # CHA0572

Poster sized wall chart illustrating pregnancy and birth. Suitable for all age groups. SUBJECT HEADINGS: Foetal Development; Reproduction; Pregnancy

### Preparing for puberty charts -- # CHA213266

These posters provide a focus for comfortable student discussion, making it easier to introduce and cover sensitive topics related to puberty. Illustrations and diagrams are presented in a fun cartoon style, allowing potentially embarrassing images and topics to be presented in a less confronting manner. Material presented on the posters and in discussion notes is generally focused on the physical changes of puberty. Suitable for upper primary and early secondary school students SUBJECT HEADINGS: Adolescence; Puberty

## Pride & prejudice: a program for secondary schools -- # TER2875

This six-week program is interactive and challenging, providing students an avenue to discuss sensitive issues and topics. This Australian package includes an outline of each session with aims, the key skills required to undertake the session and optional homework. The lessons plans are complemented by a DVD that gradually introduces six same sex attracted young people throughout the program. Suitable for use with secondary school students.

SUBJECT HEADINGS: Gender Issues; Homophobia; Lesbian, Gay, Bisexual, Transexual, Intersex and Queer; Sexual Diversity

## Promoting self-protection posters -- # TER14156

These posters can be used as a one-to-one activity or with a group. They are designed to be used with the FPQ booklet, "I have the right to be safe" (also available from the Resource Centre). It is designed to promote self-protection skills in a fun and accessible way for young people. Posters topics include bodies; touches; warning signs; feeling safe; feelings and getting help. Suitable for young people between 5 and 10 and for people with a learning disability. SUBJECT HEADINGS: Protective Behaviour; Sexual Abuse

## The prostate gland -- # CHA2148

- A laminated poster sized wall chart depicting the structure, function and disease symptoms of this organ.
- SUBJECT HEADINGS: Men's Health; Prostate Gland

## Puberty: healthy unhealthy activity cards -- # TER07736

This activity examines the physical, emotional and social changes at puberty. The cards can be used in one-to-one education, small or large groups. It is useful for students from pre-teens to mid-teens, including those with limited or no literacy. It is best used in conjunction with information about puberty, e.g. a video or presentation. Suitable for use with students aged 11 to 14 years. SUBJECT HEADINGS: Puberty; Relationships - Disability

## Puberty plus -- # CDR2262

A CD-ROM for students in Years 5, 6, and 7 which addresses puberty, reproduction, relationships, bodies and health. It contains information, diagrams and games, as well as video footage of teenagers talking about their experiences of puberty, health and relationships. Suitable for young people aged 10 - 15 years. SUBJECT HEADINGS: Relationships; Puberty; Adolescence

#### SOBJECT TEADINOS. Relationships, Tuberty, Address

### Rainbow talk -- # TER216095

A resource for opening up respectful conversations and storytelling about diversity particularly in relation to gender, sexuality and biological sex. Featuring a sentence starter on each card, this beautifully designed resource encourages young people and adults to talk respectfully about the knowns and unknowns, the ups and downs—the richness—of learning about and expressing who we are. This includes reflecting on stereotypes, assumptions, language, advantage, disadvantage, social messages, human rights and the law. (from Publisher's website) Suitable for young people and other age groups.

SUBJECT HEADINGS: Lesbian, Gay, Bisexual, Transexual, Intersex and Queer; Sexual Diversity; Communication



## Ready-or-not-tot -- # TER19111

The newborn baby manikin offers three different tending programs that are typical of most babies. They simulate normal baby-tending needs along with fussy periods in each program. They also provide programmed tending events that are unpredictable to the student, but easy for the teacher to monitor. The "baby" cries, coos, and burps in response to appropriate care. The programs are 48 hours in length and run continuously for that real world feel. YouTube video on operating can be accessed on <a href="http://www.enasco.com/product/WA18308H">http://www.enasco.com/product/WA18308H</a>. This resource is only for use in a structured education program.

SUBJECT HEADINGS: Adolescent Pregnancy; Disability

#### Reflexions: ways of seeing ourselves differently -- # TER2808

Reflexions is a conversation tool to help young people answer questions such as "Who do I want to be?", "Why do I make the decisions I do?", "What part of me do I want to change?" and "How do I stay in control of my feelings and thoughts". Suitable primarily for young people but also for other age groups. SUBJECT HEADINGS: Adolescence; Puberty

### Relationship and touch dice -- # TER213300

This activity is designed to support a flexible interactive, fun, semi-structured conversation about rights and responsibilities regarding touch in different kinds of relationships. Includes process notes. Suitable for young people with a disability. SUBJECT HEADINGS: Protective Behaviour - Disability; Relationships - Disability

### Relationship card game -- # TER213596

This activity helps participants identify and explore the qualities and behaviours that are considered important in respectful relationships and discuss the qualities and behaviours that could be harmful. Suitable for use with Aboriginal and Torres Strait Islanders.

SUBJECT HEADINGS: Relationships; Aboriginal Health

#### The relationship game -- # TER12482

This game is designed to stimulate thought, reflection and learning about relationships, especially in terms of negotiating, roles and responsibilities. The handbook in the game includes several exercises and other curriculum materials to use with young people. The game is designed to be played in pairs of young men and women. Suitable for upper secondary students and up. SUBJECT HEADINGS: Relationships

### Relationship skills: a photo resource -- # TER18342

This photo kit can be used in developing friendship and relationships skills and positive awareness of sexuality and personal safety. Suitable for supporting

counsellors, carers and trainers in discussions with and education of people with disability.

SUBJECT HEADINGS: Disability; Relationships

## Removing barriers -- # TER215139

The Removing Barriers Game is designed to raise awareness of the barriers faced by people with a disability, helping players understand what real life issues still exist, before focussing on what they can do to remove these barriers. Suitable for disability awareness training.

SUBJECT HEADINGS: Disability

## Reproductive system charts with labels -- # TER216071

- A set of four A3 charts showing detailed male and female genitalia (external and internal). Comes with sets of labels and answer sheets. Suitable for teaching anatomy and reproduction.
- SUBJECT HEADINGS: Reproduction

### Reproductive systems boards -- # TER217207

- This activity is designed to help participants look at the appearance, function and location of reproductive organs within the reproductive system. Suitable for primary school students and above.
- SUBJECT HEADINGS: Reproductive Health; Games, Kits and Models

## Respect test -- # CHA19193

- A set of six A3 laminated posters encouraging Aboriginal people to have a test for sexually transmitted infections and HIV/AIDS. Suitable for Aboriginal and Torres Strait Islander people.
- SUBJECT HEADINGS: Aboriginal Health; Sexually Transmitted Infections (STIs); HIV/AIDS

### Safe sex card game -- # TER12457

Safe sex is a unique strategy game that uses a special deck of playing cards to educate players on safe sex practices. Up to six players can play. Suitable for people over 18 years.

SUBJECT HEADINGS: Safer Sex; Sexually Transmitted Infections (STIs)

### Safe sexting -- # TER19178

This activity is designed to get students thinking about their values and beliefs relating to texting and sexting. Suitable for secondary school students.

SUBJECT HEADINGS: Adolescence; Internet

## SAHMRI condom card games -- # TER217418

SUBJECT HEADINGS: Condoms; Aboriginal Health

## Saucy sex scale -- # TER0611

This game uses images of sexual activity that young people have talked about at the Brisbane Youth Service. Therefore, some activities may not be the "norm" but are indicative of behaviour that young people may be engaging in or talking about. While this game does emphasise sex as being a positive activity, youth workers should be aware that some young people may have had negative experience with sex i.e. abuse. (Because of the nature of sexual abuse, it may be important to follow through with one-to-one counselling.) Not suitable for use in schools. SUBJECT HEADINGS: Young Adults; Sexuality

## See for yourself-- # TER17475

- This model promotes the importance of cervical screening tests with hand painted cervix models. Models depict a normal cervix, a cervix with a benign tumour, and cervixes with cancer. Includes handbook.
- SUBJECT HEADINGS: Cervical Screening Test; Reproductive Health Women; Cervical Cancer Prevention

## Self-care cards for home and work -- # TER216690

- This resource will spark reflection and conversation about self-care. Each card names a key theme such as habits, relationships, health, identity, balance, safety, support and includes two questions to help get the conversation started. Suitable for those who support other people.
- SUBJECT HEADINGS: Relationships; Games, Kits and Models

## Sex and the 3Rs: rights, risks and responsibilities -- # TER215151

Sex and the 3 Rs: Rights, Risks and Responsibilities is a sex education resource that provides a framework for staff to undertake sex education work which acknowledges the realities of sexual relationships for many people with learning disabilities. An extensive range of issues relating to sexuality are discussed with suggestions for assessment, service responses to, and work around the issue. The pack directly tackles difficult subjects, including pornography, sexual abuse of children, consent in relationships and safer sex. This new fourth edition gives some ideas on how to support people with learning disabilities to safely access online pornography and engage in 'sexting'. Suitable for working with people with a learning disability.

SUBJECT HEADINGS: Disability - Intellectual; Sex Education - Disability; Relationships

### Sex ed on the cards -- # TER217324

"Sex Ed on the Cards is a fun, factual and LGBTQ+ inclusive resource for delivering effective and engaging relationships and sex education (RSE) to students aged 14+.

## **Resource Centre Catalogue 2024**

For too long this education has focused on dangers and risks, but young people have the right, need, desire and curiosity to see the bigger sex-ed picture. The Question, Debate and Challenge cards provide an opportunity to discuss real-life facts and scenarios, promoting discussion and developing confidence and understanding. With 3 modes of game play - conversation, collaboration and competition - the cards allow young people to explore their attitudes, beliefs and values around key topics including body image, consent, pleasure, porn, sexual orientation and gender identity. Sex Ed on the Cards brings critical thinking to the table, encouraging...

- Live conversation the game helps diffuse any awkwardness in face-to-face exchanges about sex and relationships issues. It also acknowledges the benefits of digital literacy, signposting reliable online resources for teens
- Sexual literacy the game acknowledges digital natives' possible awareness of and in-depth exposure to a range of material and helps them interpret what they may already have seen
- Social action made for a generation that cares deeply about equality, diversity and social justice, these cards introduce relevant modern concepts in a social-action context
- Created by Outspoken Sex Ed and illustrated by Sex Ed Matters social enterprises passionate about honest conversation around sex and relationships - this card game is an invaluable resource to support relationships and sex education for students aged 14+.

Intended for use in educational settings and/or therapy contexts under the supervision of an adult. This is not a toy." -- Publisher's website.

SUBJECT HEADINGS: Sex Education; Relationships; Consent; Body Image

## Sex safe and fun -- # TER08372

SHINE

This manual aims to educate people with an intellectual disability with a factual and balanced view of the rights and responsibilities associated with a range of sexual activities. There are strong messages about consent, enjoyment, intimacy, privacy and safety. Suitable for people with an intellectual disability.

SUBJECT HEADINGS: Disability - Intellectual; Disability - Sexuality

#### Sex uncovered cards -- # TER18574

Sex Uncovered is an activity designed to prompt conversations around sexual health and healthy sexuality. They've been designed for use by young people in classroom or workshop settings. Each card has a prompt question or statement around an aspect of sexual health or practice, and when used as a partnered activity one person picks a card at random and has to talk for one minute (without stopping) in response to the card. It's a great icebreaker for talking about potentially tricky topics and have been designed to provoke stimulating discussions full of 'teachable moments'. Suitable for secondary students.

SUBJECT HEADINGS: Sexuality - Adolescence

## Sex under the influence awareness kit -- # TER216072

- As this kit helps demonstrate, sex and alcohol can be a volatile combination. Users quickly discover how difficult it can be to keep sex safe after drinking alcohol. Kit comes with an Economy Training Model (with syringe, UV light-sensitive fluid, and condoms), a pair of Boozed & Confused Nighttime Goggles™, and an activity guide that uses the kit and provides information about the dangers of mixing alcohol and sexual activity. Suitable for upper secondary school students.
- SUBJECT HEADINGS: Safer Sex; Substance Abuse

## Sexplanation -- # TER14913

- A board game format which has been shown to open up honest, frank and informative discussions around sex and relationships. Suitable for use with those working with young people aged 11 years and up.
- SUBJECT HEADINGS: Contraception; Relationships; Sexually Transmitted Infections (STIs)

### Sexual behaviour scenario cards -- # TER215129

- A set of four scenarios to encourage young people to explore options for sexual behaviour and practise protective strategies to negotiate safer sex. Suitable for use with upper secondary school students.
- SUBJECT HEADINGS: Adolescent Health; Sexually Transmitted Infections (STIs); Safer Sex

### Sexual health kit -- # TER18295

- This UK resource consists of 3 CD-ROMs and a sign language flip chart. The Safer sex and CD-ROMs include everything you need to know to deliver deaf-friendly lessons on safe sex and STIs, including contraception & how to use it; what does/doesn't protect you; awareness of unsafe sex; pregnancy; what are STIs & how can you catch them; how to protect yourself from risk of infection; how to identify symptoms; treatments; HIV & AIDS. Each CD-ROM includes guidance notes; lesson plans; power point and fact sheets. Also CD-ROM containing signs for sexual health. Suitable for young people with a hearing impairment, for young people with English as a second language or low literacy skills.
- SUBJECT HEADINGS: Disability; Multicultural Issues

## Sexual health trivia: making babies -- # CDR17577

This CD-ROM covers all the basics in female anatomy and reproductive health. You will learn about all the body parts, the menstrual cycle and fertility. Narrated by a teen girl character, this game offers trivia questions, true and false, fill in the blank and graphically designed diagrams. There are over 100 questions per CD-ROM which play randomly. Also includes a video clip showing how condoms are made. Suitable for secondary school students.

SUBJECT HEADINGS: Adolescence; Reproduction - Women; Menstruation

## **Resource Centre Catalogue 2024**

## Sexual knowledge and behaviour -- # TER19140

SHINESA

This CD-ROM and manual is used for assessing levels of sexual knowledge and understanding of someone with a learning disability before and after a programme of sex and relationships education. Suitable for educators working with young people with a disability.

SUBJECT HEADINGS: Disability; Sex Education - Disability

#### Sexualisation in the media -- # CDR14915

The issue of the sexualisation of girls in popular media has generated increasing interest and concern within the community and particularly educators. The aim of this CD-ROM is to increase students' analytical and critical skills when exploring popular media. It explores the narrow views of masculinity and femininity that are presented in the most popular media and allows students to consider and question who is benefiting from such images. Suitable for use with secondary school students.

SUBJECT HEADINGS: Media; Body Image

#### Sexuality relationship activity cards -- # TER07929

The ten drawings contained in this set depict a range of sexual practices. The drawings depict people whose gender is unclear. The aim of the drawings is to provide teaching resource about ways of interacting that can be pleasurable. Using the drawings and word cards the resource can also be used to explore the concept of safe and unsafe sex. Suitable for use with people with a disability. SUBJECT HEADINGS: Sexuality; Safer Sex; Relationships

### Sexually transmitted diseases (STDs) -- # CHA07355

This chart defines sexually transmitted infections and labels their effects on the body. Contains definitions (including symptoms and outcomes if left untreated) of trichomoniasis, chlamydial infection, gonorrhoea, urethritis and mucopurulent cervicitis, syphilis, HIV/AIDS, herpes, genital warts, pelvic inflammatory disease (PID), Reiter's syndrome, mites and lice. Briefly discusses the effect of STIs on unborn children and infants. Lists tips on preventing STIs and seeking treatment. SUBJECT HEADINGS: Sexually Transmitted Infections (STIs); Chlamydia; Gonorrhoea. HIV/AIDS

#### Sexually transmitted infections: a set of photographs -- # TER2115

A series of ten coloured photographs depicting various sexually transmitted infections, presented in a photograph album. Suitable for upper secondary school students.

SUBJECT HEADINGS: Photography; Sexually Transmitted Infections (STIs)



## Sexually transmitted infections guide -- # TER14941

This A4 spiral bound chart covers each method of protection against sexually transmissible infections (STIs) and methods of STI testing, including photographs and information on each. The chart also contains information on nine of the most prevalent STIs in Australia. Suitable for secondary school students. SUBJECT HEADINGS: Sexually Transmitted Infections (STIs)

### Sexually transmitted infections (STIs) poster -- # TER18611

Large, laminated poster which defines sexually transmitted infections and labels their effects on the body. Contains definitions (including symptoms and outcomes if left untreated) of trichomoniasis, chlamydial infection, gonorrhoea, genital warts, genital herpes, chancroid, syphilis, HIV/AIDS, herpes, genital warts, pelvic inflammatory disease (PID), mites and lice. Also gives prevention and treatment information. SUBJECT HEADINGS: Sexually Transmitted Infections (STIs)

### Sexually transmitted infections: take action -- # TER18613

A soft laminated poster featuring information on gonorrhoea, chlamydia, herpes, syphilis, genital warts, crabs, hepatitis b and HIV/AIDS SUBJECT HEADINGS: Sexually Transmitted Infections (STIs)

## Smart and safe: respectful relationships -- # TER17536

This multimedia resource has been developed to teach content in the Health and Physical Education and the Personal Development, Health and Physical Education curriculums. The resource includes three short movies, editable and photocopiable work sheets, and PowerPoint slide materials that are suitable for use on Interactive White Boards or laptops. The resource focuses on sex and peer pressure, bullying at work and safer sex. Suitable for upper secondary school students. SUBJECT HEADINGS: Safer Sex; Relationships; Bullying

### Snap clap card game -- # TER17400

- This educational card game is an ideal way to introduce both sexually transmitted infections and other conditions acquired through close physical contact. The 144 cards in the pack relate to 16 infections and conditions including pregnancy that are acquired by close contact and / or sexual activity. Suitable for middle secondary school students and up.
- SUBJECT HEADINGS: Adolescence; Sexually Transmitted Infections (STIs)

### SNAP into life -- # TER18596

SNAP into Life is an interactive and culturally appropriate game. The game has been developed and trialled in Kimberley schools with Aboriginal children and their families, with the input from the Kimberley Aboriginal community and local health and education professionals. The game covers basic health education topics

including our bodies, mental health, environmental health and road safety. There is also a set of sexual health cards to be used with the game. The game is based on the popular game Snakes and Ladders and aims to develop awareness of lifestyle health risk factors such as: Smoking, Nutrition, Alcohol, and Physical activity (SNAP). Suitable for Aboriginal people from 7 years and up. SUBJECT HEADINGS: Aboriginal Health

## Social behaviour: skills for daily living -- # TER17421

This pack will help students to focus on the social behaviour area of personal development. Some of the cards illustrate effective use of social skills whilst others show a lack of understanding of these skills. The format of the pack allows the user to develop a flexible approach according to individual needs. Some cards show a good understanding of social behaviour so that the interaction shown is calm and stress free. Other people appear relaxed and at ease. Most of the cards show a lack of understanding of a particular aspect of social behaviour so that one or more people feel upset. The resulting feelings of unease are shown by the body language and facial expression of other group members. Social Behaviour can be used with individuals and with groups. Includes handbook with instructions in various languages. Suitable for people with a disability

SUBJECT HEADINGS: Behaviour; Disability; Multicultural Issues

### Social skills and sex education -- # TER00840

This resource is designed to be used with the accompanying audio CD-ROM and a picture book which shows male and females in various stages of dress and undress. The first section focuses on the body and its sexual functions. The second section focuses on appropriate and inappropriate touch and private and public places. Includes a book with a transcript from the CD-ROMs. Suitable for people with a disability.

SUBJECT HEADINGS: Disability - Intellectual; Disability - Sexuality

### The social skills game -- # TER12492

This lively board game has been developed for children and adolescents who experience difficulties with relationships, e.g. peers. It is non-threatening and focuses on a positive and fun group experience. The recommended maximum number of players is six. Suitable young people between 6 and 14 years. SUBJECT HEADINGS: Adolescence; Relationships

### Some secrets should never be kept -- # TER18261

This teaching resource aims to help parents, carers and teachers broach the subject of sexual abuse with children in a non-threatening way. The kit consists of a hard covered picture book; 2 pages of comprehensive Teaching Notes; 9 Blackline Masters; 10 Safe and Unsafe laminated A5 cards; 1 large, laminated Feelings Poster and sample letter to send home to parents. Suitable for lower primary school aged children.



SUBJECT HEADINGS: Protective Behaviour

## Sometimes magic -- # TER19211

- Sometimes Magic is a set of 33 colourful cards designed to sharpen our insights into how learning occurs through the eyes of the learner. We all have different learning styles. People learn and think in significantly different ways depending on the individual's social and physical contexts. Suitable for group work and with individuals in education and counselling settings.
- SUBJECT HEADINGS: Relationships; Education

## Soul seeker -- # TER14996

- "Questions are the conduit to conversations with ourselves and with others. Good questions open new doors and reveal the truth. Such questions are not always easy to come by but here are 100 ready-made and most excellent ones. Ask and answer with honesty and you will learn something new form deeper connections and find your true path." -- Publisher's description.
- SUBJECT HEADINGS: Communication; Relationships

## Stepping out walk -- # TER16801

- This activity can be used to explore ways in which oppression effects everyone's options in life regarding power, sexual health, sexuality and lifestyle. Suitable for upper secondary school students.
- SUBJECT HEADINGS: Social Justice; Lesbian, Gay, Bisexual, Transexual, Intersex and Queer; Sexual Diversity

## STI and BBV flip chart -- # TER14954

SUBJECT HEADINGS: Sexually Transmitted Infections (STIs)

### STI matching game -- # TER18576

These cards are designed to be used in groups, with participants working out which cards go with each STI. The cards are a great facilitation tool for broader discussions around STIs and safer sex. Suitable for secondary school students. SUBJECT HEADINGS: Sexually Transmitted Infections (STIs)

## Sticky situation cards: Grades 1-3 -- # TER216765

"Engage students in meaningful discussions with these collections of short "sticky situation" stories that get them to think deeply and talk about issues that are important and relevant to their lives. Thought-provoking topics include bullying, peer pressure, friendship, family, schoolwork, tolerance, values, and more." --Publisher's description. Primary grades 1-3. SUBJECT HEADINGS: Relationships - Children

## Sticky situation cards: Grades 4-6 -- # TER216768

"Engage students in meaningful discussions with these collections of short "sticky situation" stories that get them to think deeply and talk about issues that are important and relevant to their lives. Thought-provoking topics include bullying, peer pressure, friendship, family, schoolwork, tolerance, values, and more." --Publisher's description.

SUBJECT HEADINGS: Relationships - Children

## Stop that angry thought -- # TER216723

Here's a deck of cards that teaches children how to manage their anger. Using two internal dialogue techniques-Thought Stopping and Self-Talk-kids can stop anger in its tracks. By simply playing cards, they learn to envision a stop sign whenever their anger is triggered and to replace their angry thoughts with more positive responses. The deck includes 37 pairs of cards, and each pair includes a "situation" card and a corresponding "response" card. As youngsters react to hypothetical situations that might normally trigger anger, they see a big red stop sign on each response card-a cue to stop the angry thought and come up with a better alternative. You can use Stop That Angry Thought to play either of two familiar card games, Concentration or Go Fish. For 2 to 4 players. Suitable for primary school students.

SUBJECT HEADINGS: Children; Feelings and Emotions

## Straight talk: a self-discovery game for young people -- # TER2230

- A self-discovery card game for young people in which everyone who plays, wins. The objective is to explore experiences, feelings and relationships while getting to know others. The game contains 50 cards and instructions. Suitable for primary school students.
- SUBJECT HEADINGS: Children; Relationships; Games, Kits and Models

## Strength cards -- # TER2063

- A set of 54 cards designed to remind the user of the strengths we use every day to make decisions and solve problems. Includes a booklet of suggested uses. Suitable for primary school students.
- SUBJECT HEADINGS: Children; Games, Kits and Models; Relationships

## Strength cards for kids -- # TER2064

- A set of 40 laminated cards designed for building self-esteem, discovering hidden strengths and mobilising strengths to tackle problems. Includes a booklet of suggested uses. Suitable for primary school students.
- SUBJECT HEADINGS: Children; Games, Kits and Models; Self-esteem Children; Relationships



## Strength in teams: 28 qualities of successful teamwork -- # TER2809

Strength in teams is designed to be a simple tool that can be used creatively to explore the chemistry of many kinds of teams, from families to sporting teams, from school classes to work teams, from teams of two people to large complex organisations. Suitable for all age groups.

SUBJECT HEADINGS: Relationships; Games, Kits and Models; Relationships

### The stress reduction card deck for teens -- # TER15011

"52 mindful cards to bust stress and find your calm--anytime, anywhere Feeling stressed? You aren't alone. Between school, friends, dating, family, and planning, it's easy for teens to feel stressed out. But research shows that if you learn a few strategies for getting stress under control now, you'll build the skills you need to deal with problems and difficult feelings in the future. But where do you start? Based on the go-to de-stress success, The Stress Reduction Workbook for Teens, this card deck offers the same proven-effective mindfulness-based stress reduction (MBSR) approach for soothing stress in a fun, take-anywhere package. Using these cards, you'll find lasting relief from stress so you can focus on your fabulous future! If you're tired of stress getting in the way of the good things in your life, the mindfulness skills in these cards will help you relax, prioritize, and keep calm--no matter what." -- Publisher's description.

SUBJECT HEADINGS: Feelings and Emotions

### Strong spirit strong mind cards -- # TER213618

- This set of cards was designed for Indigenous Workers and other clinicians to help assist individuals, families and communities explore the harm associated with alcohol and other drug use and identify healthy alternatives. Suitable for Aboriginal and Torres Strait Islander people.
- SUBJECT HEADINGS: Aboriginal Health; Substance Abuse

### Superhero strengths -- # TER216698

Superhero Strengths uses principles from a strengths and growth mindset perspective to help young people grow! Features six skill sets to help: recognize strengths, improve coping, handle tough feelings, break the ice, increase resilience, and improve relationships. Kids and teens with a variety of presenting issues such as anger problems, poor coping, anxiety, low self-esteem, and poor social skills will all love Superhero Strengths. Suitable for primary school aged students. SUBJECT HEADINGS: Children; Games, Kits and Models; Feelings and Emotions

## Sustainable period resource kit -- # TER216663

The Sustainable Period Project is designed to educate holistically at a grass roots level so that every person can be empowered to make informed choices regarding their menstrual health and to promote period positivity. The kit contains samples of a broad range of sustainable menstrual products.

SUBJECT HEADINGS: Menstruation; Puberty

#### Suzie & Fred: teach-a-bodies play people -- # TER0786

Two soft dolls, 22" tall, made with fingers, tongues, mouth and anal openings, facial features, nipples and belly buttons. The adult male doll has a moustache, chest hair, pubic hair and a circumcised penis. An uncircumcised penis and a condom is provided. The adult female doll has underarm hair, pubic hair, a vaginal opening and an in-utero baby boy with an attached umbilical cord and placenta. Female panties with a sanitary napkin attached and a tampon are also provided. Suitable for working with people with an intellectual disability or with sexual abuse issues. SUBJECT HEADINGS: Disability - Intellectual; Games, Kits and Models

#### Tak Tak and Kar Kar dolls (large) -- # TER15831

- Two soft dolls, 50cms tall, made with fingers, anal openings, facial features, nipples and belly buttons. The adult male (Tak Tak) doll has pubic hair and a penis. The adult female doll has underarm hair, pubic hair, a vaginal opening and an in-utero baby boy and girl with an attached umbilical cord and placenta. A range of clothing is also available. Includes manual in English and Chinese text. Suitable for working with people with an intellectual disability or with sexual abuse issues.
- SUBJECT HEADINGS: Games, Kits and Models; Disability Intellectual; Multicultural Issues

#### Tak Tak and Kar Kar dolls (mini version) -- # TER15822

- Two soft dolls, 30cms tall, made with fingers, anal openings, facial features, nipples and belly buttons. The adult male (Tak Tak) doll has pubic hair and a penis. The adult female doll has underarm hair, pubic hair, a vaginal opening and an in-utero baby boy and girl with an attached umbilical cord and placenta. Includes manual in English and Chinese text. Suitable for working with people with an intellectual disability or with sexual abuse issues.
- SUBJECT HEADINGS: Games, Kits and Models; Disability Intellectual; Multicultural Issues

#### Take a breath activity -- # TER217375

- "How do we prevent violence, disrespectful behaviours and gender inequality in our communities? A very challenging question. Maybe ... if we began at the beginning by teaching our kids to 'take a breath' before they act or speak then we might see more positive outcomes in generations to come. Let's hope so! 'Take a Breath' Activity is for students 8 to 17 years. It can be explored in classrooms, homes and community settings such as church groups and sporting clubs. The 'Take a Breath' Activity aims to help students:
  - understand that our words and how we deliver them matter understand our words can affect another's self-esteem, confidence, anxiety levels and happiness understand that our words can make others feel powerless realise that verbal abuse is unacceptable in all societies

 understand that verbal abuse can lead to other forms of abuse and control express their feelings and emotions in a more regulated way towards positive outcomes listen to another's point of view with increased empathy, understanding and perspective learn to self-regulate." -- Publisher's description.
SUBJECT HEADINGS: Feelings and Emotions

## Talkabout game-- # TER213506

Designed to support work on social communication skills, self-esteem and friendship skills. The board game is a journey through the week where a player will encounter several different social skills tasks that need to be completed in order to get to the end of the week. The purpose of the game is to work together. There is therefore no winner. Once a player has got to the middle of the board, their role is to help the others to get there too. Intended to work on different skills: self-awareness and selfesteem body language; conversational skills; friendship skills; assertiveness skills and any combination of the above. Suitable for 2-6 players. Suitable for young people 7 to 16 years of age.

SUBJECT HEADINGS: Games, Kits and Models; Relationships; Self-esteem; Communication

## Talking reproductive and sexual health flipchart -- # TER215544

- "This resource was developed in partnership with communities to assist health professionals to communicate with and improve sexual and reproductive access and health literacy within Aboriginal, Torres Strait and South Sea Islander, and migrant and refugee populations in Queensland. The flipchart has been designed for use by health professionals and interpreters who are engaging with clients and patients about their reproductive and sexual health to:
  - Maximise opportunities for patients and clients to give informed consent
  - Increase reproductive and sexual health literacy
  - Provide clear visual instructions to assist interpreters and health professionals explain procedures" -- Publisher's description.
- SUBJECT HEADINGS: Sex Education Migrants; Sex Education Refugees; Sex Education -

**Aboriginal People** 

## Talking up our strengths -- # TER15392

A set of 22 stunning photomontage cards that celebrate the strengths and resilience of Aboriginal and Torres Strait Islander cultures. As well as being a visual feast, it is a catalyst for inspiring conversations and storytelling in schools, communities, groups, social work settings, board rooms, family gatherings and back yards. Suitable for all ages.

SUBJECT HEADINGS: Aboriginal Health; Values



### Teen issues -- # TER15593

The versatile cards in this pack have been designed to provide an opportunity to consider the variety of subjects, experiences and situations that a young person could encounter, providing an opportunity and platform for informative and lively discussion. Includes booklet. Suitable for secondary school students. SUBJECT HEADINGS: Young Adults; Adolescence; Communication

#### Teen issues: relationships -- # TER216021

This set of cards considers a wide range of different types of relationships that may be encountered and are grouped in the following way to identify associated issues for discussion: Family connections; Nonfamily relationships; Relationship events; Communication in relationships and Personal identity. The accompanying booklet details how the images could be used within this framework and also provides two sample questionnaires and discussion points. Subjects illustrated on the cards include parental relationships; bullying; jealousy; lovesickness; cyber-bullying and online dating. Suitable for secondary school students.

SUBJECT HEADINGS: Communication; Young Adults; Relationships

#### Teen talk in a jar: everyday questions for teens -- # 216701

Contains discussion starters and icebreakers on just about everything teens want to talk about. For ages 13 years and up. Suitable for secondary school students. SUBJECT HEADINGS: Adolescence; Communication

#### Tell a trusted adult -- # TER216691

The kit includes the card set consisting of 35 cards and a booklet, plus 10 lesson plans with activities tailored to ages 3-10+, and a set of 6 full-colour posters for reinforcing the safety message with children in schools and in any environment. Suitable for primary school students.

SUBJECT HEADINGS: Protective Behaviour

#### Telling it like it is -- # TER3202

This resource aims to improve the sexual and reproductive health of Indigenous young people through providing culturally appropriate sexual health peer education given by Aboriginal teenage parents. This toolkit was developed for health workers and peer educators to facilitate community ownership. The resource includes a DVD, CD-ROM, teaching manual, condom sequencing activity and intimacy scale activity. Suitable for use with Indigenous youth.

SUBJECT HEADINGS: Aboriginal Health; Pregnancy - Adolescent

#### Thera-pets -- # TER216773

"Animals are not only cute but comfort us in tough times. Let the therapeutic pets in this colourful, illustrated card deck cheer you up wherever you go! Each card has a friendly pet with an affirmation or message that is just what you need to hear,

whether you're feeling sad, anxious, or just need a little encouragement. Anytime, anywhere, Thera-pets are here for you!" -- Publisher's description. SUBJECT HEADINGS: Feelings and Emotions

## Thoughts and feelings -- # TER216699

This deck of cards is a therapeutic tool designed to help children identify, process, and work through a variety of issues including changes within the family, trauma, grief, anger, depression, anxiety and fears. Suitable for ages 5 years and up. SUBJECT HEADINGS: Games, Kits and Models; Feelings and Emotions

## Tjulpu and Walpa: two children, two roads -- # TER216054

This is a book for community workers, families, and communities working together to grow strong and happy children. Tjulpu is the bird that sings. Tjulpu's story is about a girl who had all the love and support she needed to grow up strong, healthy and happy. Walpa's story is about a girl who was blown around from place to place – just like the wind. The pack includes a set of illustrated conversation cards which are designed to be used in conjunction with the book. Suitable for use with Aboriginal primary school aged students.

SUBJECT HEADINGS: Aboriginal Health; Children

## Too close, too far, just right: a game about personal space -- # TER18225

Many kids, especially those with ADHD, Autism, or Asperger's, are unaware of the socially accepted physical boundaries that most of us take for granted. This game helps them learn what's "too close," "too far," or "just right" in various social situations. Children take turns performing social scenarios described on Role Play Cards, and then the group decides whether their proximity to each other is appropriate for the situation. Players learn that standing too close or too far away can make people feel uncomfortable or confused in certain circumstances. Focused and fun, this game is a gentle way to help kids grasp the idea of personal space and thereby improve their relationships. Suitable for ages 5 to 12 years. SUBJECT HEADINGS: Relationships - Children; Disability; Autism Spectrum Disorders

## Too much, too little, just right: a social communication game -- # TER18564

People communicate using not only words, but also tone of voice and body language. Many children, however, fail to notice these relatively subtle social cues. This game teaches children to pay attention to tone of voice, observe body language, and note how these cues affect the message. Ideal for 2 to 8 players, this game can be easily used with larger groups or classrooms as well. Suitable for ages 5 to 12 years. SUBJECT HEADINGS: Communication - Children; Disability



### Traffic life game -- # TER215138

A simple but engaging board game to help young people and adults with learning disabilities understand and manage relationships, risks and potentially unsafe situations. Suitable for young people and adults with a disability. SUBJECT HEADINGS: Disability; Relationships; Games, Kits and Models

#### The transporters (DVD) -- # TER17594

This DVD features eight cartoon vehicles with real human faces. It is designed to help children understand and recognise emotions. It will be especially useful for children who find it hard to recognise facial expressions of emotion, such as those with autism spectrum conditions. Suitable for use with children with a disability. SUBJECT HEADINGS: Disability; Autism Spectrum Disorders; Feelings and Emotions

#### Trauma-informed yoga affirmation card deck -- # TER217362

"Yoga practices are paired with healing affirmations on every lushly illustrated card. Supportive and compassionate guidance for survivors of sexual assault can be found in this beautiful deck of affirmation cards that acts as a companion to Zahabiyah Yamasaki's forthcoming book, Trauma-informed Yoga for Survivors of Sexual Assault or which may be used on its own for relaxation and healing. Traumainformed yoga practices are coupled with each affirmation to foster a holistic healing process for survivors. Unique full-colour illustrations illustrate the pose and affirmation on each card, which may also be used outside of yoga for inspiration. This affirmation deck also provides a powerful resource for yoga instructors, mental health professionals, educators, and other healing professionals who are looking for guidance on trauma-informed yoga practices to share with survivors in classes, workshops, and clinical practice." -- Author's website.

SUBJECT HEADINGS: Health & Wellbeing; Sexual Abuse; Body Image

#### TSE model (normal) -- # TER2124

Testicular model without lumps. Includes booklet "What every male should know about testicular cancer" and directions for use and care of the model. SUBJECT HEADINGS: Games, Kits and Models; Testicular Cancer - Prevention

#### TSE model (with lumps) -- # TER2125

Testicular model with lumps. Includes booklet "What every male should know about testicular cancer" and directions for use card that contains location of lumps. SUBJECT HEADINGS: Games, Kits and Models; Testicular Cancer - Prevention

#### Two worlds -- # TER216689

Two Worlds is a unique resource for building healing conversations with children or adults experiencing separation or those experiencing any significant transitions and life changes. Suitable for use by counsellors and child and family workers. SUBJECT HEADINGS: Relationships; Games, Kits and Models

#### Understanding menopause poster -- # CHA3099

Large, laminated chart depicting various aspects of menopause. SUBJECT HEADINGS: Posters and Charts; Menopause

#### Understanding osteoporosis poster -- # CHA2012

Laminated poster depicting the risk factors and effects of osteoporosis. SUBJECT HEADINGS: Osteoporosis

#### Ups and downs -- # TER3200

Life is full of Ups and Downs, but what we make of these is up to us. This set of 54 fullcolour cards uses humour and poignancy to represent us as 'every person' sailing on life's billowing ocean in a bathtub. Suitable for all ages. SUBJECT HEADINGS: Relationships

#### Vaginal model (Jackson) -- # TER14138

A life-like rubber vaginal model in which the uterus is able to be detached. Suitable for professional education.

SUBJECT HEADINGS: Games, Kits and Models; Gynaecology

#### The vulva quartet game -- # TER217431

2 to 5 players; allow 20 minutes for game. The card size is 6.6 x 10 cm (2.6 x 4 in), and it's made from special 320 grams card game paper. Each game has 10 sets of cards and an extra card with the rules of the game. The Vulva Quartet Game is a card game similar to 'Go Fish!'. Collect as many sets of four cards from the different categories as you can - the person with the most sets wins. There are lots of interesting subjects, from 'Pubic Hair' to 'Labia Shape' to 'Facts & Wonders', with fun and informative facts on each card. This is an educational game that takes a playful approach, making it easier to open up conversations about topics we're often not used to talking about. Let's celebrate vulva diversity! SUBJECT HEADINGS: Vulva

#### What are they thinking? -- # TER20335

An inspiring and creative resource for developing empathy, understanding feelings and recognizing emotions, it is designed to stimulate animated discussion. These imaginative photocards provide an innovative way of initiating conversation with individuals and groups and are also useful for creative writing with all ages. The user imagines what the people are thinking and how they may feel in a similar situation, then fills in the speech bubble either verbally or in writing. Some cards show just one person, others show a child or adult reacting to the speech or behaviour of other people. Includes CD-ROM of colour worksheets. Suitable for all ages. SUBJECT HEADINGS: Relationships; Feelings and Emotions



# What do we need to know about sexually transmitted infections? -- # TER17587

An activity to increase students' knowledge about sexually transmitted infections. Provides information on the type organisms they are caused by, symptoms and treatment, as well as a person's responsibility to protect themselves and their partner. Suitable for students from year 9 and up.

SUBJECT HEADINGS: Sexually Transmitted Infections (STIs); Games, Kits and Models

## What do you know? -- # TER19086

This Australian educational board game is designed for players to answer questions on puberty, contraception, sexually transmitted infections (STIs) and relationships. The first player to get to the snake's tail wins the game. Suitable for 4-6 players. Suitable for young people 13 and over.

SUBJECT HEADINGS: Games, Kits and Models; Adolescence; Aboriginal Health; Sexual Health

### What do you reckon? -- # TER0858

- A game designed to encourage and stimulate discussion amongst young people on a wide range of issues. It introduces the concept of what is "safe" and "unsafe" around topical behaviours and practices. Cards may be removed for the younger age group. Suitable for groups from 13 years and upwards.
- SUBJECT HEADINGS: Adolescence; Disability; Safer Sex

#### What do you stand for? -- # TER15163

- This card game spotlights ten top character traits: Caring, Citizenship, Cooperation, Fairness,
- Forgiveness, Honesty, Relationships, Respect, Responsibility, and Safety. To win, players collect cards of each trait. Each card features a "What If" scenario or question about character that gets kids thinking about what they would do-and what they stand for. Meant to be played with adult supervision (a teacher, counsellor, or youth worker familiar with character education themes), the game includes an insert with rules and basic character education concepts. Suitable for primary school students with adult guidance for discussion.

SUBJECT HEADINGS: Values; Relationships

## What does a friend do? -- # TER20276

Set of cards to help children talk about friendship issues. Suitable for using with children in a group or one on one.

SUBJECT HEADINGS: Games, Kits and Models; Feelings and Emotions; Relationships



# What every male should know about cancer of the testicle -- # CHA2128

Free standing linked set of A3 flip charts which depicts normal anatomy of the male pelvis, abnormalities of the scrotum, how to do testicular self-examination (TSE) and treatment for cancer of the testicles.

SUBJECT HEADINGS: Testicular Cancer - Prevention; Men's Health

#### What every man needs to know -- # CDR17479

This kit is designed to assist organisations and individuals to hold seminars and raise community awareness on a range of men's health problems. The kit includes information on depression, family and relationships, sexual and reproductive health and associated conditions. The kit includes a manual on how to run an event; speakers' notes for younger and older males. Also includes CD-ROM with information on a range of men's health issues, interactive presentations and comprehensive speaker notes.

SUBJECT HEADINGS: Men's Health; Sexual Health; Cancer - Prevention

### Who am I? -- # TER216772

"The Talkabout 'Who am I?' cards have been designed to be used with an individual or small group to practice effective communication and social skills. The cards could be used in a number of ways such as a warmup game, group cohesion activity or a closing game. They could be used to gel a new group or for players to get to know one another by asking questions. The cards will therefore help to stimulate group conversation and allow people to practice and improve good social skills with others. Use these cards to improve individual and group social skills in a stimulating manner. Contents: 4 group game cards. A description is given for four activities to play using these 36 illustrated cards. These include prompts for sharing likes and dislikes, facts and opinions about themselves." -- Publisher's description. SUBJECT HEADINGS: Communication - Children

#### Who are you? -- # TER19206

This toolkit uses group exercises and a short film to educate young people about the prevention of sexual violence and ethical sexual decision making. The toolkit can be used by educators to facilitate group sessions that are fun and interactive and build skills in children and young people. Suitable for middle secondary school and up. SUBJECT HEADINGS: Sexual Abuse; Rape - Prevention; Adolescence

#### Wildling Books posters -- # TER216826

SUBJECT HEADINGS: Emotions

#### Wondrous vulva puppet -- # TER213623

A handmade tool for teaching about the vulva in sexuality education discussions. 217355: Devi 217360: Bast 217350: Aphrodite



SUBJECT HEADINGS: Games, Kits and Models; Anatomy

## Wooden wheel of feelings -- # TER216760

SUBJECT HEADINGS: Emotions

## Yarning about mental health and Making change, no worries -- # **TER14602**

This resource consists of a DVD and flip chart. The DVD features Indigenous people yarning about mental health. The flip chart focuses on tips for change for a healthy lifestyle. It gives ideas reducing stress, drug and alcohol use, gambling and family issues. Suitable for working with Aboriginal and Torres Strait Islander people. SUBJECT HEADINGS: Aboriginal Health

## Yarning about our bodies -- # TER19197

- Yarning about our bodies flip chart is an A4 size, coil-bound flip chart with seven charts about reproductive and sexual health for use by teachers and health workers to educate Aboriginal and Torres Strait islander young people about the male and female reproductive system, the menstrual cycle and sterilisation. It has gentle drawings of the body in full colour, clearly labelled, with images appropriate for Aboriginal and Torres Strait Islanders. Suitable for ATSI people, people from a CALD background and people with a disability.
- SUBJECT HEADINGS: Aboriginal Health / Issues; Adolescence Health / Issues (includes Reproduction); Contraception

## You & me & BBV -- # TER19208

This Australian board game covers topics such as safer sex/sexually transmitted infections, hepatitis and HIV/AIDS. Suitable for people over 18 years. SUBJECT HEADINGS: Sexually Transmitted Infections (STIs); HIV/AIDS

## Young Indigenous women's community health education -- # **CDR17496**

An interactive CD-ROM designed for young Indigenous women which contains animated skits on puberty, sex, well women's checks, STIS HIV/AIDS, safe sex, contraception, pregnancy, relationships and body care. Suitable for young Aboriginal women.

SUBJECT HEADINGS: Aboriginal Health; Adolescent Health; Contraception; Sexually Transmitted Infections (STIs); Relationships