

# SEXUAL HEALTH WEEK 11-17 September 2023

## **Community Small Grant Information**

This year Sexual Health Week is celebrated from 11-17 September and aims to raise awareness of sexual health and relationship wellbeing.

Our theme this year is 'Knowledge is Power' and looks at the ways sexual health awareness and education improves our wellbeing.

### What is the Community Grant Program?

SHINE SA wants to support your organisation to get involved. Be a part of raising awareness of sexual health and creating destigmatising conversations.

We are sponsoring a handful of community and health organisations to host events across Sexual Health Week.

SHINE SA will provide successful organisations with a \$2,000 grant (inc gst) to host an event and where appropriate can provide resources (such as posters, Fact Sheets) and information.

All applications must be submitted by COB **18 August 2023.** 

### The meaning behind 'Knowledge is Power'

The theme 'Knowledge is Power' focuses on the ways we can empower our selves and our community through sexual and reproductive health education and awareness. There are many topics that fit within this broad theme, including:

- Safer sex
- Contraception
- Consent
- Respectful relationships
- Communication.

Each organisation can focus on a single topic or several, depending on their clients/community and what they feel will be most beneficial.

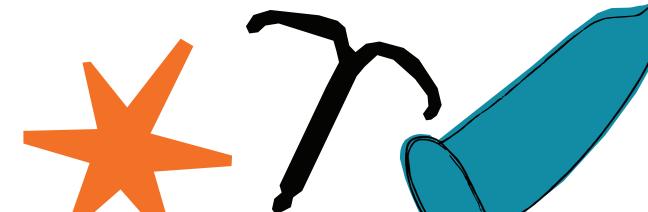
#### What could an event look like?

There are all types of events that can help start conversations around sexual health and relationship wellbeing. Here are some ideas to get you started:

- · host a workshop with a guest speaker
- run a sexual/reproductive health quiz and activities
- disco party DJ, interactive games, food
- art workshop participants can get creative in all types of ways, some ideas include: painting a pot plant; creating a mosaic; spray paint workshop; cupcake decorating; zine workshop; macrame workshop; candle making workshop
- cooking class invite participants to learn how to make a meal and take time to talk about their sexual health and relationship wellbeing
- free yoga workshop with a session on consent and pleasure in relationships.

These events could have a theme, for example: 'contraception options – your choice' highlighting the various options for contraception and their benefits.

We ask that some photos (with permission) are captured during the event/s for promotion and reporting purposes.



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### Who can apply for a Community Grant?

Anyone with an ABN (South Australia only) can apply for a grant. This does not mean that everyone will be successful, as the number of grants is limited.

Preference will be given to applicants that meet the following criteria:

- targets 18-30 year olds
- broadens an understanding of sexual health and in particular safety, pleasure and respect
- empowers young people to participate.

Priority will also be given to applicants working with young adults who are culturally and linguistically diverse, have a disability or live in economically marginalised areas.

Organisations must also agree to the following -The planned event will:

- respect diversity and inclusion, including LGBTIQA+ inclusion
- offer a positive and open view of relationships and sexuality
- be developmentally and contextually appropriate for the audience.

### What happens after we apply?

Organisations will be contacted within two weeks from the application deadline (18 August 2023). A confirmation letter will be sent and discussion around support, ordering resources and marketing will be liaised between the point of contact of the organisation and the SHINE SA team.

Upon conclusion of Sexual Health Week, organisations will be required to complete a feedback form.

### How do we receive the \$2,000 (inc GST) if successful?

Successful organisations will be required to send SHINE SA a tax invoice. The payment will then be forwarded within 60 days.

### Have further questions?

Don't hesitate to get in contact with our team, email marketing@shinesa.org.au.

### How do we apply?

Community groups and organisations will need to apply for their grants through the online application form, if successful a confirmation email will be sent.

Access the application form: <u>www.shinesa.org.au/shw-grant-form</u>



