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## **SHINE SA Celebrates and Affirms Trans and Gender Diverse People**

SHINE SA celebrates and affirms trans and gender diverse communities.

Trans and gender diverse people deserve to thrive and have the right to access healthcare with respect and without discrimination.

SHINE SA's CEO Holley Skene said:

“This Friday 31 March is International Transgender Day of Visibility – a day designed to acknowledge and celebrate the diverse experiences and achievements of trans and gender diverse people around the world.

In order to be visible, trans and gender diverse people need to be safe. To achieve this safety, we must work together to eliminate discrimination and create communities that value and celebrate diversity, inclusion and respect.

In light of recent events here in Australia and overseas, SHINE SA sends a message of support to all trans and gender diverse people. SHINE SA will continue to strive towards safe and affirming services and programs for LGBTIQ+ communities in South Australia now and always. We stand in solidarity with trans and gender diverse people.”

### **How you can support trans and gender diverse people**

There are many ways to support trans and gender diverse people in your community. Listening to trans and gender diverse voices is a great place to start.

Resources are available from [TransMascSA](#) cover respectful conversation skills around trans experiences.

SHINE SA, Minus18 and many other organisations provide courses for people wanting to learn more about [supporting trans and gender diverse people](#).

### **If you need assistance or are experiencing distress:**

Contact QLife – QLife offers peer support, call 1800 184 527 and webchat 3pm – midnight.

### **If you would like to talk to someone urgently, contact:**

Contact Lifeline – 13 1114

Contact Beyond Blue – 1300 22 46 36

If you live in regional and rural SA, Gender Connect Country SA offers out-of-hours peer support. Visit: [www.shinesa.org.au/gender-connect](http://www.shinesa.org.au/gender-connect)

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