



# GENDER CONNECT

## COUNTRY SA

**A free service that provides information and support from Peer Support Workers with lived experience of gender diversity.**

**Phone | Webchat | Email**

**08 7099 5390**

**Monday, Tuesday, Wednesday, Thursday 6:00 pm – 8:00 pm**

**[shinesa.org.au/gender-connect](https://shinesa.org.au/gender-connect)**

### For you

**Gender Connect Country SA supports people who identify as trans, gender diverse or gender questioning as well as people who are supporting someone** who is transgender, gender diverse or gender questioning.

For those who are transgender, gender diverse or gender questioning can provide:

- support, advice, and understanding by Peer Support Workers with lived experience as a trans or gender diverse person
- information and resources about gender and gender affirming transition options
- information about social and community groups and other opportunities to connect with community members
- a Wellbeing Check by one of our Peer Support Workers (see Wellbeing Check)

### For professionals

We support professionals and organisations from a wide range of backgrounds during our Out of Hours service or via professional development opportunities.

**We can tailor support to your needs, for example if you:**

- **have questions regarding the needs of trans, gender diverse or gender questioning community members**
- would like advice on using **respectful and inclusive language**
- have **questions regarding gender affirming health care and referrals** to other practitioners
- have **questions regarding issues that impact** the trans, gender diverse or gender questioning community
- would like to **learn more about how you can help support** those who are trans, gender diverse or gender questioning

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