



# SEXUAL HEALTH WEEK

## Community Grant Information

Sexual Health Week is celebrated from 12 -18 September 2022 and aims to raise awareness of sexual health and relationship wellbeing.

SHINE SA's theme for this year's event is 'Better in Bed' and focuses on safety, pleasure and respect in intimacy.

### What is the Community Grant Program?

SHINE SA wants to support your organisation to get involved and be a part of raising awareness of sexual health and creating destigmatizing conversations.

We are sponsoring a handful of community and health groups/organisations to host events across Sexual Health Week.

SHINE SA will provide successful organisations with a \$1,500 grant to host an event. In addition, resources, merchandise and support in promotion of the event will be provided.

All applications must be submitted by **12 August 2022**.

### The meaning behind 'Better in Bed'

The theme 'Better in Bed' focuses on the SHINE SA principles around intimacy - safety, pleasure and respect. There are numerous topics which fit under these pillars, such as:

- Safer sex
- Contraception
- Consent
- Healthy relationships
- Communication

Each organisation can focus on one topic or several, depending on their clients/community and what they feel will be most beneficial.

### What could an event look like?

There are all types of events that can help start conversations around sexual health and relationship wellbeing. Here are some ideas to get you started:

- disco party – DJ, interactive games, food
- pizza night – pizza, pizza and more pizza + a movie
- pamper day – invite participants to get pampered
- art workshop – participants can get creative in all types of ways, some ideas include: painting a pot plant; creating a mosaic; spray paint workshop; cupcake decorating; zine workshop; macrame workshop; candle making workshop
- cooking class – invite participants to learn how to make a meal and take time to talk about their sexual health and relationship wellbeing
- free yoga workshop with a session on consent and pleasure in relationships
- karaoke contest – who doesn't love a sing off?
- create an art competition asking participants to express their view of safety, pleasure and respect
- quiz games – snacks, soft drinks and pop quizzes
- hosting a workshop with a guest speaker

These events could have a theme, for example: 'contraception options – your choice' highlighting the various options for contraception and their benefits.

We ask that some photos are captured during the event for promotion and reporting purposes.



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### Who can apply for a Community Grant?

Anyone with an ABN (South Australia only) can apply for a grant. This does not mean that everyone will be successful, as the number of grants is limited.

Preference will be given to applicants that meet the following criteria:

- targets 18–30 year olds
- broadens an understanding of sexual health and in particular safety, pleasure and respect
- empowers young people to participate

Priority will also be given to applicants working with young adults who are culturally and linguistically diverse, have a disability or live in economically marginalized areas.

Organisations must also agree to the following - The planned event will:

- respect diversity and inclusion e.g. LGBTIQ+ inclusion
- offer a positive and open view of relationships and sexuality
- be developmentally and contextually appropriate for the audience

### How do we apply?

Community groups and organisations will need to apply for their grants through the online application form, if successful a confirmation letter will be sent.

Access the application form:  
[www.shinesa.org.au/shw-grant-form](http://www.shinesa.org.au/shw-grant-form)

### What happens after we apply?

Organisations will be contacted within two weeks from the application deadline (12 August 2022). A confirmation letter will be sent and discussion around support, ordering resources and marketing will be liaised between the point of contact of the organisation and the SHINE SA team.

Upon conclusion of Sexual Health Week, organisations will be required to complete a feedback form.

### How do we receive the \$1,500 if successful?

Successful organisations will be required to send SHINE SA a tax invoice. The payment will then be forwarded within 60 days.

### Have more questions?

If you have any further questions, please email [marketing@shinesa.org.au](mailto:marketing@shinesa.org.au).