



# Support for Schools

**SHINE SA are committed to empowering educators and support staff to implement an evidence-based, whole-school approach to relationships and sexual health education.**

We equip educators and support staff to facilitate learning experiences with young people that develop the skills to establish respectful, healthy, pleasurable relationships and build confidence in accessing services.

SHINE SA supports schools through professional development, curriculum, resources, workshops, and collegial support.



**PROFESSIONAL  
DEVELOPMENT**



**CURRICULUM**



**RESOURCES**



**WORKSHOPS**



**COLLEGIAL  
SUPPORT**

## Relationships & Sexual Health Education Professional Development

### Courses for Educators

SHINE SA offers professional development courses (2 days/15 hours) designed to increase the capacity and confidence of educators and support staff to facilitate a consistent and comprehensive relationships and sexual health program.

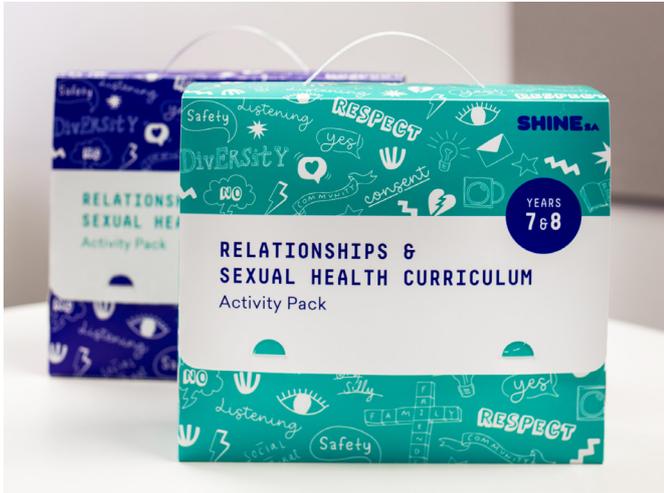
**There are specific trainings for educators and support staff working in primary, secondary, inclusive, alternative learning/FLO and Aboriginal and Torres Strait Islander settings.**

### Annual Updates

Each year educators in schools delivering the SHINE SA curriculum complete an update which addresses any changes to curriculum or resources as well as current relationships and sexual health research and information.

### Educator Workshops

SHINE SA can also facilitate workshops to upskill educators in specific aspects of relationships and sexual health education, such as, sexting and pornography, or gender diversity.



## Curriculum

SHINE SA has designed a relationships and sexual health curriculum from Year 5 – Year 10 for South Australian young people.

## Activity Packs

Due to the interactive nature of SHINE SA's relationships and sexual health curriculum, SHINE SA have created activity packs to reduce the workload for educators.

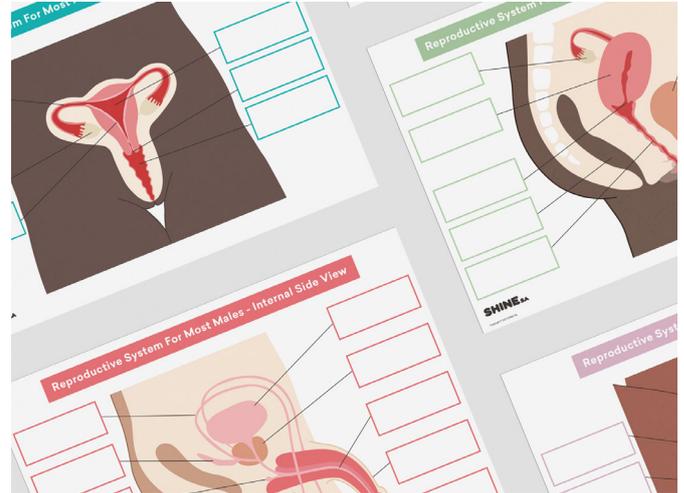
## Collegial Support

### Focus Schools Program

South Australian secondary schools who have a signed agreement with SHINE SA will have a dedicated Schools Coordinator allocated to their school. Our Coordinators provide support and make regular contact with their allocated school throughout the year.

### Schools and Education Support Team

SHINE SA has a team of experienced educators who understand teaching and learning across various contexts and the complexities of schools in South Australia. Educators and support staff are welcome to contact our team for information, resources or support.



## Resources

### Library

An extensive library with free membership is available to anyone in South Australia offers a range of picture books, novels, non-fiction books, journals, reports, and research articles.

### Resource Centre

Membership to the Resource Centre is available to schools and organisations for an annual fee and offers access to a large selection of resources including games, activities, card sets, and demonstration models.

### Online Shop

SHINE SA's Online Shop offers a variety of resources that can be ordered or downloaded. Many of these resources are available for free such as posters, wallet cards, and Fact Sheets.

## Workshops

### Service Talks

Service talks facilitated by a SHINE SA educator are intended to compliment the delivery of the SHINE SA relationships and sexual health curriculum by providing young people with information about the counselling and clinical services that are available through SHINE SA.

### Parent/Carer Workshops

During our parent/carers workshops our educators unpack the SHINE SA curriculum and explain more about the services, resources and support available to children, young people and parents/carers.