



Pelvic Health and Dysfunction: The Physiotherapist's Perspective

Presented by physiotherapist Sarah Walsh, this clinical forum will discuss the function of the pelvic floor in relation to the bladder and bowels and its implications for pelvic health.

It will cover how the pelvic floor affects sexual dysfunction and how this can be managed. Pelvic organ prolapse will also be discussed with consideration of management options.

Sarah Walsh is a passionate pelvic health physiotherapist. Sarah works in private practice at Flex Rehabilitation Clinic, and also at the Women's and Children's Hospital. Sarah has several post-graduate qualifications, and is also Chair of SA's 'Women's and Men's Pelvic Health' Australian Physiotherapy Association Group.

Participants will cover:

- consider the function of the pelvic floor in relation to the bladder and bowel
- learn to describe how the pelvic floor affects sexual function and dysfunction
- examine management options for pelvic organ prolapse

This training is open to doctors, nurses, midwives, Aboriginal Health Practitioners and allied health professionals.

DATE: 9 November 2021

TIME: 6:30 pm – 8:30 pm

COST: Free

WHERE: SHINE SA, 64c Woodville Road, Woodville

Course details and enrolment

www.shinesa.org.au/activity/pelvic-health-and-dysfunction