

Sexual Health

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Relationships and Sexual Health Curriculum in Action

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I have no actual or potential conflict of interest in relation to this presentation.



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Memorandum of Operational Collaboration 2014 – 2017

SHine SA and Department for Education and Child Development (DECD)

Funded by SA Health



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Support for Secondary Schools – Focus Schools Program

15 hours of teacher training

Updated and current curriculum

Annual teacher updates

Resources

Access to library and resource centre

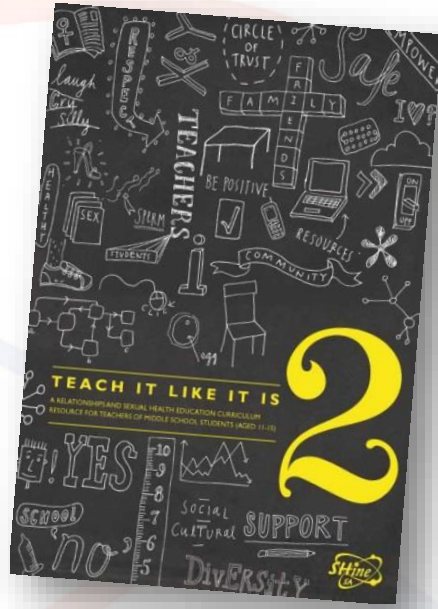
Newsletters

Teacher network

School Coordinator support



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2016	RELATIONSHIPS & SEXUAL HEALTH CURRICULUM		
	YEAR 8	YEAR 9	YEAR 10



2016 RELATIONSHIPS AND SEXUAL HEALTH YEAR 8 PROGRAM				
LESSON TOPIC	CONTENT CHECKLIST	LEARNING OUTCOMES	ACTIVITIES	RESOURCES
1 Getting Started	<ul style="list-style-type: none"> Group norms Engagement Mandatory notification responsibility of the teacher Why learn about relationships and sexual health? Talking with family 	<ul style="list-style-type: none"> Feel confident that a safe and appropriate environment is established Develop an appreciation for the need for learning in this area Develop an appreciation for the need to respect themselves, their health and that learning in this area is a lifelong process Encourage to see relationships and sexual health as a positive part of their lives Work toward improving communication with family 	<ul style="list-style-type: none"> Engage p13 (5 mins) Group Norms p14 (15 mins) Let's talk p15 (15 mins) Refer to Question Box p20 	<ul style="list-style-type: none"> TI 2 Talk it like it is Parent resource on website www.shine.org.au
2 Values	<ul style="list-style-type: none"> Survey Discuss survey results What is the meaning of the term: respect, health and life? What are values and how do we develop them? Explore values What impact do our values have on our behaviour, feelings and life? 	<ul style="list-style-type: none"> Contribute to the development of the program Develop an understanding of personal values in relation to relationships and sexual health and how they impact on behaviour 	<ul style="list-style-type: none"> Student survey p21 (15 mins) Take a stand p23 (15 mins) 	<ul style="list-style-type: none"> TI 2 Question Box
3 Puberty	<ul style="list-style-type: none"> Language, appropriate and inappropriate Physical, social and emotional changes Side of hormones Health, hygiene Feelings associated with puberty 	<ul style="list-style-type: none"> Identify appropriate and inappropriate language of sexual health Develop an understanding of pubertal changes Develop awareness of the diversity of developmental stage of students within the class Develop an understanding of how puberty may impact on health, hygiene and body image Develop confidence to manage the changes that are occurring to them such as wet dream/erection Explore how going through puberty feels, unlike the others are experiencing similar feelings 	<ul style="list-style-type: none"> There's another name for it p28 (15mins) CPC Puberty and health changes p29 (10mins) 	<ul style="list-style-type: none"> TI 2

CPC: Keeping Safe: Child Protection Curriculum – DECD TI 2: Teach It Like It Is 2 – SHine SA 2011 Page numbers refer to the Teacher Booklets



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Curriculum – a comprehensive program

Respectful relationships

Puberty and reproductive systems

Sexuality and diversity

Intimate relationships / sexual activity and consent

Gender / power / stereotypes

Media and use of latest technology

Safer sex / contraception / sexually transmitted infections

Negotiation and decision making

Places to go for help and support



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Curriculum – a comprehensive program

15 lessons of 50 minutes for years 8 - 10

Sexual and gender diversity is embedded throughout each lesson

Each lesson concludes with

- Information about where young people can go for help
- A take home message for students to share what they have learnt with their parents.



Respectful Relationships

Relationship cards

What is love?

Sexual Harassment

POOCH

Sexual Activity

Qualities of a healthy relationship

Communication styles / It's my decision

Intimacy: getting close to someone

Negotiating consent

Breaking up

Gender Equality and Power

Abuse of power in intimate relationships

Respectful relationship continuum

Responsibility and vulnerability

Gender and Power

Living up to gendered expectations



Gender analysis

Impact of gendered power



Gender equality

Abuse of power in intimate relationships

Responsibility and vulnerability



Media, pornography and technology

Does popular culture influence how we see ourselves?

Sexting and cyberbullying

The impact of technology

Advantages and disadvantages of technology

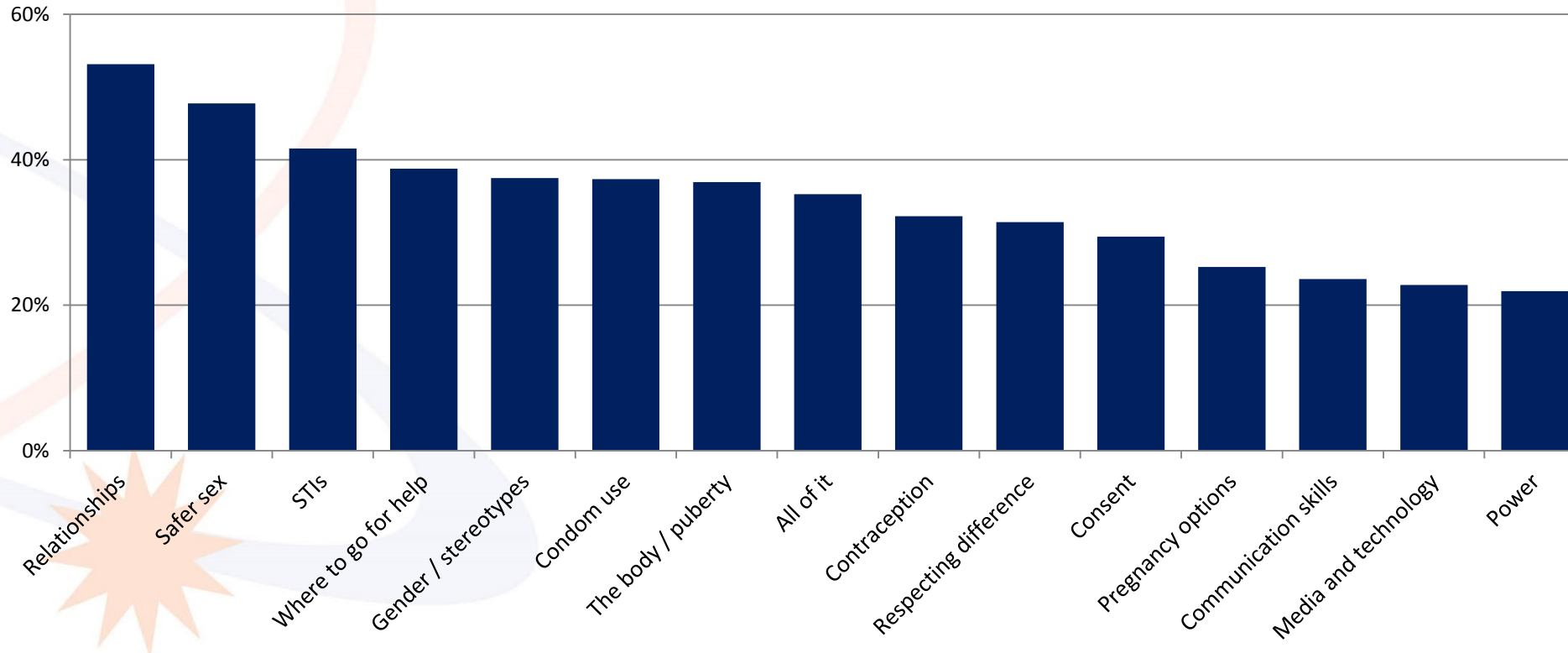
A poor educator?

Sexualisation in the media



Student Feedback 2015

What were the most useful topics in the course?



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Student Feedback 2015

Will the course be useful to you now or in the future in terms of your relationships and sexual health?

"It will help me make much safer decisions about relationships and sexual health."

"I will have a better understanding of how my partner feels, and how I feel."

"I am more aware of things happening around me and how people treat me."

"It'll make me more confident and about the way I am and the way I feel."



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Questions and thankyou

